

Speaker 1 ([00:00:12](#)):

You are listening to the Journey on podcast with Warwick Schiller. Warwick is a horseman trainer, international clinician and author who helps empower horse people from all over the world with the skills, knowledge, and mindsets needed to create trusting partnerships with their horses. Warwick offers a free seven day trial to his comprehensive online video library that includes hundreds of full length training videos and several home study courses@videos.warwickschiller.com.

Warwick Schiller ([00:00:46](#)):

Good day everyone. Welcome back to The Journey on podcast. I'm your host, Warwick Schiller, and once again in this episode we're going to talk about some of the magic that happened at the Journey on Podcast Summit in San Antonio. We've done one podcast where we had the presenters share their thoughts on what happened there and how they felt about the whole experience. And one of the things I've asked them is, did you have a favorite moment from the summit, A favorite moment out of all the amazing things that happened there? And I'm going to share with you my favorite moment that happened there. So each of the presenters did what we call the Tick Talk based on TED Talks and Tick stood for Teach Inspire and connect. And we also had panel discussions to where we had groups of panelists talk about a subject. And one of the, it was actually on day three on Sunday, just when we thought the place the magic couldn't get any more magic, we had a panel discussion on intuition that, so Shay Stewart, Carla Bmu, the Leslie Desmond, Jane Pike and Rupert Isaacson were on.

([00:01:58](#)):

And in the panel discussions we had assembled questions from the audience and I as the host asked the questions. And then the panel group talked about those things. And the first question, and it's really the only question we got to in this panel discussion on intuition, was there was a veterinarian there from England named Lily, and she basically asked, how do you go about reconnecting with your intuition? And Jane Pike's response to that question absolutely blew me away. And I thought it's really important that I share it here and then we'll get Jane's thoughts on what she thought of the whole summit.

Jane Pike ([00:02:49](#)):

What I love about the work that I've become involved in is there's a tangible connection, a reverence in the body for what the body embodies. And we can call it chi or life force or there are so many different names. I've lived in many places where it's references different things and how that shows up in the system is as pulsation and vibration and pumping. And we have, this relates to the sensation part of it because I might have a slightly different take on the sensation part of it, which is on a physical level, we have become distance from the physical experience of vitality.

([00:03:45](#)):

And we prefer neutrality to feeling, we equate control, calm and relaxation with the absence of sensation. And so when sensation returns to the body, we freak out. And if sensation represents the emergence of vitality in the system and yet we are always afraid of sensation, we have a problem. And then if we start to accept that vibration and energy and pulsation and pumping in the system is our body's beautiful movement and expression of wellness and harmony, whatever it is, however it is you want to describe it and we step into that, then we're called to whatever it is we're called to do. And that requires a dropping of the presentation patterns of caring about what other people think or being a perfectionist or trying to control the outcome. And the issue in all of these questions for me is that is intuition is not controlled by the hard drive of your prefrontal cortex.

([00:05:14](#)):

It is not a thinking, what do I do process. And yet we have to return to some kind of practice because we are in colonized capitalized bodies now where movement is a choice. And so Rupert spoke to this beautifully yesterday when we were practicing and talked about hunter gathering, and you may talk about this further down the line, but previously when I was required to be in the world, I would hunt for my food, I would gather, I would create my shelter, I would take care of my community, and my body was constantly exposed to novel experiences. My sensory system was constantly enlivened. I was constantly uploading new information to my brain. And that unconscious experience, unconscious experience, universal experience was spitting information through to my conscious brain. And my conscious brain would make a decision, I would take an action and then I would observe the consequences of that action.

[\(00:06:16\)](#):

Action. Now I to engage in movement is a choice. I can stay in my hotel room and have all of my survival needs met. I have shelter, I can get on Facebook, I can order Uber eats, I can call a babysitter really, right? I could stay in my hotel room for 80 years as long as this was here and be okay. So now I choose to be in the world and when something happens, I retreat because I'm not required to engage. And now we have a problem because now we're not getting novel movement. The stimulus isn't coming in. I now have to make choices. And so the natural process where my unconscious brain is the inflammation provider via my sensory system, spitting information through to my conscious brain where I make a choice, I take an action, I observe the consequences of that action, and I repeat the process.

[\(00:07:18\)](#):

Now we go, I'm going to collect all of the information with my conscious brain and then I'm going to analyze that information and then I'm going to think about all of the possible decisions I could make. And I'm not going to action one of those decisions and I'm just going to get stuck in my head about this whole experience. Or I make a decision, I take an action, and then I think I'm a dickhead that was fucked up or that didn't work out. I'm so stupid. Everyone else can do that. And I pull myself back into my sympathetic. I pull myself out of this experience. And so I love that what Kerry Lake said, intellect in service of the heart and a different way is that my conscious brain is not supposed to be the information collector. We are using a part of our bodies for something it is not designed for and we are short circuiting. And so then we go, how do we become intuitive? Well, you stop thinking about it for a start. Yeah, you stop thinking about it. You recognize that you are intuitive. That's your start point. I am intuitive. If only I give up all of these control patterns. I make a decision, I take an action, I observe the consequences with no judgment and I repeat the process. It's as simple and as difficult as that.

Warwick Schiller [\(00:09:01\)](#):

So now you've heard Jane's amazing thoughts on how we can connect with her intuition and why we don't have it. Let's have a listen to what Jane had to say about the summit. Jane Pike. So good to see you again.

Jane Pike [\(00:09:19\)](#):

Hello. I'm super excited to be here. We're back.

Warwick Schiller [\(00:09:25\)](#):

It's been a whole month since whatever it was that happened.

Jane Pike [\(00:09:29\)](#):

Has it been a month? I've lost track of time. It's been like a warp.

Warwick Schiller ([00:09:34](#)):

Well, I was on the road, I was gone for a couple of weeks after that and I think I've been home almost a couple of weeks, so it's got

Jane Pike ([00:09:41](#)):

To be a month. Yeah, you're right. I'm just looking at the date now. The fourth to the sixth, wasn't it in November. So exactly a month. Perfect. Perfect timing.

Warwick Schiller ([00:09:49](#)):

Yes. So we are here today to talk about maybe sharing your experience, your interpretations of your thoughts on the summit and maybe what you thought actually happened there.

Jane Pike ([00:10:02](#)):

Oh my goodness. Where to begin. Is this a common pause with all of the presenters that you've talked with with that question where we're like, wow, the language isn't large enough for the territory. I think this is,

Warwick Schiller ([00:10:16](#)):

Yeah, I think most people started out with, I really can't put this into words, but I'm going to try.

Jane Pike ([00:10:21](#)):

Yeah. And I think that why, for me personally, I struggle with putting it into words is because words feel so reductive compared to what the actual experience was, which was so huge and expansive and magical. Dare I say that every word that I pick doesn't really do it justice. It was just an incredible experience. It really was an incredible experience. And I went into it with zero expectation. I didn't actually have that much time to think about it in the lead up. I was so busy with work and other things that were going on in my life that it was a flurry to get to that point. And then when I was on the plane, I'm like, now I'm on the plane. And when I got there, I was just open to anything that came my way. And what came my way was monumental. I'm going to be forever grateful for the entire time.

([00:11:16](#)):

I definitely didn't come out of it the same way that I went into it for sure. And that was the alchemy of it. I think something occurred to me recently when I was actually listening to another podcast and they were talking about the process of remembering, remembering who you are or remembering yourself or coming back to your body. And it was in the context of different experiences that these particular people had had around trauma and so on and so forth that had caused them to leave themselves at various points during their life. And that process of coming back, of remembering your authentic self and being able to drop into your body was one that many of them described as going through over the course of many decades. What I loved about that conversation was the remembering was juxtaposed against dismembering. Like dismembered. I become dismembered when I leave my body.

([00:12:08](#)):

And the rerecognition is the consolidation of all of my parts coming back into one. And what made me think of it in this situation also in the context of the summit was I think so many of us, if not all of us

there have been going through a process of individual remembrance, like of individually coming back to ourselves of individually figuring out what it is that we want to share and love and do in the world. And then we also got to remember what it's like to be part of the bigger community or a bigger group of people that are all in that together also. And so there's that individual context and then within that, and I think lots of us have even described this happening as well. We didn't realize how deep the yearning was for a community of people that were sharing similar journeys.

[\(00:12:58\)](#):

And some of us have even described a loneliness. I mean, that's definitely how I felt many times over the course of the last while and perhaps even forever, certainly in my professional journey. And to step into a group of people where you just realized how many allies you had in the world, how many people are out there, if you just pay attention to the people being out there that are on the same journey and on the same path, and you get to remember what it's like to be part of that collective energy that's so much bigger than any individual parts, it's it's impossible to describe. It's a really beautiful experience. And so if you come into that as an individual and you leave as part of a collective, there's nothing more beautiful than that. There's nothing more supportive and loving and there's no greater gift I don't think that you can gain from any kind of experience and to leave with a feeling of being connected to something bigger than yourself.

[\(00:13:53\)](#):

And that was definitely my initial thought. I shared in one of the calls that I've been lucky enough to have with other presenters that were part of the summit the other day, a line or a quote that I love from David White who's my favorite poet. And he says, there's no self that will survive in the face of authentic conversation. And that is what we were repetitively having at the summit. And so if you bring in yourself and then you connect with another person and there's a frontier that's created between you that's not either of you as individuals, but something that you create together, then you leave and your individual selves are something different. And if that's happening multiple times a day, the change that's created even over a period of seemingly so inconsequential as 72 hours, you just yourself is different because of that dissolution and recreation that happens with every conversation and every connection. And for me, that's definitely what I feel like it was. None of this is a conscious choice, it's just the alchemy of the energies fusing together and making themselves something different that then you take a little piece away with you and the other person takes a little piece away with them and you both share something that somehow meets in the middle of those two places also.

Warwick Schiller [\(00:15:16\)](#):

Yeah, you mentioned the feeling of loneliness over the years in there and at the world of question dams 2018, you helped us, Robin and I mentally during the year and when I competed, it was completely different than any experience I'd ever had competing before. And I couldn't figure out for the life of me what it was. But the biggest thing was something was missing that, as you would call it, the itty bitty shitty committee, that voice in the back of your head that says, you're not good enough. Who do you think you are? What do you think you're trying to do? You know what I mean? Which is runs in the background. You don't even know it's running there and it's not till it's gone that you understand it was there in the first place. And we had a zoom call the other day with all the presenters and one of them said something similar. He said, I didn't realize how lonely I used to feel out there doing this work until now that the feeling is so different. It's like, oh, actually I've been lonely doing this and not even knowing I was lonely. I didn't know there was another way to be about this way of looking at the world.

[\(00:16:30\)](#):

And I think a lot of, a number of the presenters, including, not that Robin and I were presenters, but let's throw ourselves in that basket there. A number of the presenters have come home from there and making major life changes, saying yes to different things. Robin and I have some stuff up our sleeve, which I don't want to announce yet, but would be pretty amazing news when we do. What about you? You were planning on many changes.

Jane Pike ([00:17:02](#)):

Yeah. Can I reverse a little bit and speak to something that you just mentioned then about the loneliness and the connection? I think that all of us have on some level an existential craving or yearning for connection even if we don't realize it. And I believe that exists because that's where we've come from on whatever level you want to think about it. We've come from the greater whole or a greater union of energies or however you want to perceive it or understand it or label it. And that return to ourselves, that remembrance of ourselves is incomplete without if we're not in the company of others who are doing the same. And so it is potentially, I've gone off on a huge tangent there, but it just popped into my head. And so that collective energy and that collective experience is like I can do as much as I want on an individual level or alone to reembody who I am to do the work that I need to do to be able to show up in the way that I want to show up in the world. And now I remember that that is as important but not more important than also finding the collective who are doing the same. Being able to remember your wider, how insignificant and how important you are all at the same time in the context of the group. Does that make any sense or have I

Warwick Schiller ([00:18:33](#)):

Oh yeah. And something you made me think of while you were saying that, it's like think about how we all felt there. Think about there's a possibility we're supposed to feel that way all the time.

Jane Pike ([00:18:46](#)):

Yeah, absolutely.

Warwick Schiller ([00:18:47](#)):

That's supposed to be our normal, our connection to feeling that connection to everybody else. You think about, and that was a big group, that's two 50 people, I can't remember the number, but anthropologists would talk about when we lived in tribes that when a group of people gets a certain number, they split off into two groups. You can't stay that connected to that many people. And I think, do you know what the number is?

Jane Pike ([00:19:14](#)):

No,

Warwick Schiller ([00:19:14](#)):

There is a number, but when groups would get to a certain size if they'd split off because otherwise you're not connected enough. You can't spread the love that fast sort of thing. And yeah, I was just thinking while you were talking, what if that's the way we're supposed to feel all the time? It's kind of an addictive.

Jane Pike ([00:19:35](#)):

It is. It's totally addictive. And there were people there that I met that I was like, oh, hello, I know you and I didn't know them. I didn't know them in terms of, I've never met them before, but I knew them and it was an instant familial type connection with more than one person that I met there. And that's been sustained afterwards where it's like, oh, hey, how's it going? Okay, what should we do now? Kind of thing. There was no awkwardness or getting to know you, period. It was just like instant, instant connection or instant resonance I guess. And that the container that was created as part of the summit also allowed for that. I was watching something, I got hooked into something on Facebook recently where they planted Really? Yeah, they planted a composer and a musician at a subway station. Do you know the one I'm talking

Warwick Schiller ([00:20:22](#)):

About? Viol, the violin player. Violin player playing a three and a half million violin

Jane Pike ([00:20:25](#)):

Viol. Yes. He's playing this violin of extraordinary value and he's one of the most accomplished musicians in the world. And in the context that he was in, he didn't attract a lot of attention because everyone's in the hustle and bustle. And the purpose of the video was to highlight that context is important that the container that you're in to show what you're offering important. And that's what the summit provided as well, because the world is full of hustle and bustle and we lose important threads of conversation and we lose people in that we lose the message in that. And so to be able to press the silencing button on the earbuds for a minute to block out the white noise and to step into a container where the purpose was amplification of people and messages and truths and love that people want to share with you, and to be able to have the capacity to hear that, because that's the other thing isn't it.

([00:21:22](#)):

Not only do you need the platform to share, but you need the platform to be able to hear what's being communicated. And so to be able to step out of our day-to-day and have that experience both as a presenter but also as another part of the audience was just like the violin player with this three and a half million dollars violin. Everyone got the chance to hear it, whereas they might not have got the chance to hear that previously. And I think that was as much of a gift as anything else. And then the alchemy occurs, then the change occurs because, oh, I get it. I've stepped out, I've stepped in, and now I step out again as something changed. Yeah.

Warwick Schiller ([00:22:05](#)):

So I felt like a number, I wouldn't say all, but I'd say at least in my estimations, quite a few of the presenters came into their own during the summit, stepped into their power, and you are one of them. When we had the intuition panel on Sunday, and the question from someone in the crowd was, how do you go about finding your intuition? And I'm standing up and this Suki you, Rupert and Leslie Desmond sitting on the stage, and you looked at me with this look on your face and you said, I'll take this.

Jane Pike ([00:22:52](#)):

It was Carla and Shay, I think Carla Shay, me, Rupert and Leslie on the panel. Was

Warwick Schiller ([00:22:58](#)):

It Carla?

Jane Pike ([00:22:59](#)):

Yeah,

Warwick Schiller ([00:23:01](#)):

Carla and Shay. Sorry. Yeah, sorry. And you looked and said, I'll take this. And you had a look on your, I've known you for 10 years and you had a look on your face. I could only describe as fierce, not angry, fierce, and your eyes had a look in them that I've never seen before. And it was like you were kind of saying to yourself, screw it. I'm going to tell 'em what I really think. And that's from my end. That's what it looked like to me. I don't know, you can describe what happened to you, but from my, that's what I saw.

Jane Pike ([00:23:48](#)):

Well, my work has been a process of communication and voice I guess for a really long time. And if I'm speaking of containers, we've just been talking about within joyride, my membership, I have a container where we all as a collective in there get to practice having big conversations. And that's part of what I love about the membership and there's a safety in that. There's a shared support, there's a shared lovingness in that on a weekly if not more basis, we are all showing up and we're having these big conversations about topics like we were talking about on the panel. And one of the things that I've been challenged by, I guess is within the world of social media and so on and so forth, it seems so difficult to kind of quantify or express to the outside some of your thoughts inside because that container is so vast and now you have everyone weighing in with their opinion and all of those sorts of things.

([00:24:52](#)):

And so for me, over the past year, I guess, and I am not exactly sure where this conversation's even going or what I'm trying to say is that I've become very clear with certain parts of my work about what modern living I guess has cost us, what has happened as a result of some of the processes and practices and cultures and situations that we've been a part of, not just now, but for a long time, and our need to claim those parts of ourselves back. And so the practice ground that I've had in my own little space of joy ride was all of a sudden allowed to come to the outside, I guess, which was the panel discussion where I could bring something to the conversation that wasn't necessarily just the nervous system and just how it shows up with horses. It was something much bigger than that, and it just all rolled out. And it's not that I was trying to be anything that's just genuinely how I feel about it. And it was easy to find the words again in the space that was ready to hear it, I guess. So I felt good in sending that forward. And the fierceness, I love that word fierce. It's like, yeah, there was no hardness behind it, but the energy of it is strong, strong.

Warwick Schiller ([00:26:19](#)):

No, no hardness at all. But it was basically I'm all in.

Jane Pike ([00:26:25](#)):

Yeah, yeah, yeah. And I feel that in myself very much the lasted all while I'm all in, and that's not necessarily comfortable. It's not necessarily that I know all the answers or know where it's heading, but right now, if you ask me a question, I will genuinely give you my thoughts on it to the best of my ability. And we'll just see where that takes us and I would love and hope that someone is able to do the same for me. Yeah, yeah.

Warwick Schiller ([00:26:51](#)):

When you were talking about what you've been doing in Joy Ride, kind of setting you up for that, one of my two favorite sayings are, one is when you change the way you look at things and things you look at change. But my other favorite saying is, you don't rise to the occasion, you fall to the level of your preparation. And it's kind of like you've been preparing for that moment in a smaller container and practicing it. And I think maybe that's what that look on your face was like, I get to do this in a bigger container right now. And it was, I don't know, it's hard to describe, but the look on your face was inspirational to me. This is someone who is about to drop a truth bomb and yeah, there's no holding back. It was amazing to watch.

Jane Pike ([00:27:42](#)):

Oh, thank you. And it's been that practice. And again, I've had conversations around this joy ride and I've talked to you about it as well, which is, as coaches, practitioners, trainers, however you want to label yourself or how we might label ourselves, it's becoming increasingly difficult for a lot of different reasons to have some of these conversations because of the nuance and the people can be offended in one way or the other. And there's lots of different caps that people put on there as to why they might not express what they want to express. And of course, we have responsibility in the place that we are as well to speak in a way that's kind and hopefully educated and considerate of other people that I'm just grateful that I get to have these types of discussions, which can be potentially difficult and undefined and sometimes subjective and so on and so forth, and have people go, okay, I'm willing to hear that. I'm willing to hear that, and now here's what I've got to say as well. So it's kind of a beautiful thing these days. I can't even really remember what I've said it feels like it's just like, okay, I have something for that question. It's going to come through me. And then afterwards, I hope that was okay because I literally can't remember what I said, but I feel it to be my truth right now. So that's where I head with most

Warwick Schiller ([00:29:06](#)):

Of it. You're into it in the Sean territory, you're into channeling.

Jane Pike ([00:29:09](#)):

It does feel, it feels a little like that. Yeah. Yeah. Actually, there was one difference that I noticed in the podcast and just on, again, a personal level when we're talking about panel discussions, I get notoriously excitable and enthusiastic about my subject matter, and oftentimes that can come out in fast talking. And what I felt in myself at the summit was a pause and a more measured pace to my speech. And that was just personally what I noticed about my delivery being different to what it might've been in the past where I had a different sense of self, I guess a different sense of assuredness that was the foundation for the words. And again, that came through the support that I had around me directly on the stage with these other incredible presenters and their ideas and yourself and the people in the audience. And so that was something that afterwards I was like, oh, that felt good. And I think I spoke slowly enough for people to hear me.

Warwick Schiller ([00:30:12](#)):

It's interesting you bring that up because I think I am a fast talker too in certain spaces, and I think my fast talking is anxiety and pausing, and this podcast has helped me do it too, but that pause right there would not have ever been in my speech pattern before. It's almost like I can't stop talking because that pause was, I don't know, the pause was scary or whatever it was, and I dunno what you think, but I think for me, my fast talking is anxiety. And it's almost for me looking back, I think it's almost a wall as long as

I'm talking, I can't let anybody in, blah, blah, blah, blah, blah. I know someone from Australia used to go to my clinics years ago, she told somebody else, she goes, he doesn't talk to you, he talks at you. And the old me used to talk at

Jane Pike ([00:31:18](#)):

Everybody. For me, it's probably a combination. I think sometimes I'm genuinely so passionate about it. I'm like, isn't this amazing? Listen to all of this stuff and I've just found this to be the best thing I've ever had, and aren't you excited about it too? And that's kind of where it all tumbles out from. And then in those settings, of course the summit settings, there's usually a little bit more adrenaline mixed in there also, which can send the dial to three times instead of two times.

Warwick Schiller ([00:31:47](#)):

Now your speech when the intuition, we did the intuition panel, your speech was very measured.

Jane Pike ([00:31:57](#)):

Well, that's good progression.

Warwick Schiller ([00:32:00](#)):

Yeah, it was amazing. Did you have a favorite moment of the thing? And it's alright if you didn't, but if you have one offhand, I'd love to hear it.

Jane Pike ([00:32:09](#)):

I actually loved talking on the panels. If I can isolate a favorite moment, I loved being around that, not just for that opportunity that we've talked about, but just to be surrounded by colleagues and in that support was amazing. But truthfully, my favorite part was I just fell in love with everyone. That was my favorite part. And I don't mean that in a glib or a way that sounds kind of cheesy, although I can appreciate it maybe comes across that I genuinely feel like I fell in love with everyone and it was a really beautiful, enriching experience to have, and I didn't need them to love me back. That was the other thing, that was the liberation of it. I was like, I really love these people. I love them. Not because they've said nice things to me or make me feel a certain way or anything like that. I'm just like, I just love them for who they are and what they contribute and that is enough. I don't require or need anything off the back of it. It's just lovely to be in the presence of that. And to have the opportunity to be a part of it was just honestly one of the biggest blessings of my life.

Warwick Schiller ([00:33:19](#)):

I had said it was having an ayahuasca experience without the ayahuasca, but it's almost a bit like having a rave without the ecstasy. And I was talking to Steve and Steve said that Steve said something about the oxytocin level was just off the charts and there was something about we've got all the chemicals we need in our body to feel any way we want to. And it was like that energy just released massive amounts of oxytocin in us.

Jane Pike ([00:33:46](#)):

Something else that I found really curious is that a number of people have said to me, I can be in public settings or with other people for a limited period of time, and then I need to go back to my room. I need time by myself and I need to not have all of that sensory input. In other words. And in this experience,

those same people didn't find themselves tapped out in the same way where they didn't have to be on guard or there was no facade, I think. And that is so much the pretense, the who we think we should have to be in different conversations. The faces that we present and the physical body we inhabit when we are in conversations where it doesn't feel completely balanced or whatever other reason didn't exist in this context. And so we also get the opportunity to experience what it's like for you to be able to express but also be supported. And that's not draining. There's no exhaustion at the end of that. It's a energizing experience where you can leave that and go back and you're like, oh, I don't now need to restore what was because I actually feel enhanced for that experience, which is really cool.

Warwick Schiller ([00:35:03](#)):

Normally for me at a clinic, I put a lot out there and at the end of it, I'm walked in the airport the next day, whatever, I don't want to talk to anybody. I kind of need some alone time. But that didn't happen there because it wasn't going. The energy wasn't just going out, it was coming back and it was beaming back. So

Jane Pike ([00:35:23](#)):

Yeah, it was in flow.

Warwick Schiller ([00:35:25](#)):

I think we could talk all day about what actually happened there and still not even cover it. So I think we might finish up there, but so good seeing you and thank you so much for 10 years ago, fangirling us at our booth in New Zealand at a horse expo. That was when we first met you, and it's been a wonderful 10 years, and so thanks for being a part of our life and especially thanks for coming to the summit and bringing you to that space.

Jane Pike ([00:35:52](#)):

Oh, thank you. That was a sliding doors moment, even if I didn't know it 10 years ago at the time.

Warwick Schiller ([00:36:00](#)):

And now you're more aware of your sliding doors moments, aren't you? Yeah.

Jane Pike ([00:36:03](#)):

Yeah. I definitely am. And I'm very grateful for them and I'm stepping through the door without knowing what sits on the other side.

Warwick Schiller ([00:36:11](#)):

That's the magic right there. Okay, thank you so much, Jane. Good seeing you.

Jane Pike ([00:36:15](#)):

Thank you.

Warwick Schiller ([00:36:29](#)):

The next presenter we're going to have talk about the experience at the summit is Carla Bachmueller. So Carla, when she did her TikTok, she did the talk on the intuitive rider. Carla's really interesting because

she's a riding coach, she's a body mechanics riding type coach, but has a great deal of experience in the world of yoga. So she brings a lot to the table and here's what Carla had to say about the summit. Hey Carla, how's it going?

Carla Bachmueller ([00:37:05](#)):

It's going really well. How are you doing?

Warwick Schiller ([00:37:08](#)):

I'm good. It's a nice windy, rainy day here in California.

Carla Bachmueller ([00:37:12](#)):

It is, yeah.

Warwick Schiller ([00:37:15](#)):

Our little chat today is about just a bit of a summit recap what your thoughts were on it, anything you'd like to share about it.

Carla Bachmueller ([00:37:25](#)):

First of all, it was really a life-changing event. It was on so many levels, and I've heard that from other people as well who said the same thing. But for me, really also on a personal level was really life changing. And I think what made it life changing was that we felt we were really creating something new. It was something different, something new, and people were really resonating on such a deep level, and it was just so beautiful. The connection that we had with the people and the presenters was just wonderful. It was so heartwarming. And so these times when you feel you're at the right place at the right time, that kind of feeling. And then we've shared that before as well, that I think that started on day two or day one when the earth was literally feeling like it was shaking underneath my feet.

([00:38:32](#)):

I've really felt it that way. And then other people shared that as well where it really feel like, oh, we are not in California. This cannot be an earthquake. But I guess shaking and I've experienced lots of crazy things, but that was interesting. It was one that I've not felt like that before, but was actually also reflecting what I was feeling internally. There was something changing inside. There was a big shift in yes, also stepping up in front of an audience that size that was new. I've done a lot of speaking, but having almost 300 people in the room and then the live stream. So that was a challenge. So I had to push myself out of the comfort zone some, but then really experiencing how open everybody was speaking was so easy because people were so open and they were really kind of riding the wave. We were riding the wave together. I think that's how I would describe it.

Warwick Schiller ([00:39:40](#)):

So one of the cool things I thought that you brought to the summit, apart from your presentation and just your presence everywhere, was every morning you did a little gathering for the presenters outside in the balcony and kind of got us in the right space to start the day. So I thought that was really cool.

Carla Bachmueller ([00:39:57](#)):

Yeah, I love doing that. And I always like to start, not just my days, but also different events with a little transition into things. Just taking a moment to get yourself grounded, to feel into what's coming next. I love doing that throughout the day for myself and at events like that. It's so nice to do it as a group. And because we as presenters were holding so much and then being together in the morning, the idea was really to set intentions for the day, but also get ourselves grounded, feel the connection amongst us as presenters, but also feeling what was in stock for everyone, for the group of presenters and the people in the room, what was there. And we were just popcorn styling, a couple of words that came to mind, what did we feel for the day coming? Things like connection, opening, things like that. So yeah, it was for me, a really great stay started to the day.

Warwick Schiller ([00:41:02](#)):

Yeah. Did you have a favorite moment or memory from the whole weekend, whether it was someone's presentation, someone you talked to, someone you went to dinner with, because it wasn't just during hours of the summit that all the cool stuff was happening. Did you have a favorite moment or two that you'd like to recall from there?

Carla Bachmueller ([00:41:31](#)):

Yeah. I have two favorite moments. One was the last moments when we were all together and all still on stage and doing our little dance and celebrating this moment of celebration where everybody was joining in and just that feel, oh, we've achieved something together. We did something together. And that sense of celebration, that was a lot of fun. That was a beautiful moment apart from many, many, many more. And one beautiful moment was also the last evening when we presented, had a bit of a get to a little get together and a dinner together. And towards at the end of the evening, I didn't want to leave. I was like, I want to stay, want to hang out with these people for another three days or something. I didn't want to leave and I didn't want to go to bed. I didn't want that to end. So these were my two favorite moments.

Warwick Schiller ([00:42:30](#)):

Yeah, a little dinner the last night. It was pretty cool. And I get what you mean. Yeah. These are my peeps, this is my tribe. I like hanging with them.

Carla Bachmueller ([00:42:43](#)):

Yeah, totally. I stood next to Ruper and he said, this feels like family. And I was, yeah, this feels like family and a way of connecting and really the tribe that I don't think I've really felt like that in a long time. So it was really emotional as well for me. And part of the, it being life changing, really finding you're starting to find your people.

Warwick Schiller ([00:43:09](#)):

That's the thing I found fascinating about the whole thing, and I haven't talked to everybody yet or the presenters yet, but people who are in the transformational space all the time, that's what they do for work. They're in the transformational space all the time. Who said it was life-changing, when it's life-changing to a life changer. And when I had you on the podcast and you talked about all the work you have done when you went to Australia to all of that, all that's kind of transformation and life-changing stuff. And so for someone who's had, for me on the outside hearing you say that for someone like you who's had a lot of life-changing things happen and then this be a life-changing thing on top of that, cements to me how special whatever it was that happened was

Carla Bachmueller ([00:44:20](#)):

Absolutely, because you are right. I've done a lot of work and I've had lots of really amazing experiences in my life that were life-changing in themselves, but this is not just another one of the life-changing events. I think it always also depends where you are at in your life right now, and then when something comes at the right time, then it has that really deep effect on you. And I think I've had that in a couple of things in my life, my trip to Africa, and also the more engagement with meditation school, et cetera. It felt like, okay, this is the thing to do right now, and then something comes into your life that offers you that change that you need right now, and then that helps you take the next step. And I feel that's what happened here, that it was an event that helps me take the next step, whatever that next step is. I have no idea. Even if I say life changer, I could not exactly say what that really entails because I think that's become, but I feel there were events in my life where there was a shift and a shift, what's taking the next step without me knowing what that next step was. And I think this one is one of those, right? There is the next step, and then yes, what the next step really is where this is going to lead me. I don't know, but it feels exciting.

Warwick Schiller ([00:46:00](#)):

Yeah. Well, I know of several of the presenters that because of the summit are now realized, oh yeah, okay, I know what my next step is. And they weren't even aware of that next step being, let's call it necessary before the thing. And they've come home from, they're like, okay. It's kind of like when you, I dunno, I've been to an ayahuasca ceremony and a lot of people go to an ayahuasca ceremony, come home from that and have these insights to where, oh, okay, now I'm going to make some sort of a for the change. And it was almost like that, I think for some people.

Carla Bachmueller ([00:46:39](#)):

Absolutely. And for me, I had prepared so much for the summit internally and externally, and it was the highlight of the year and after our conversation last year, everything had kind of developed towards it. I was like, okay, that's the highlight and we're going to do have a great time. But what I had not really expected that it was not the end of something that I had prepared to, but it feels like the beginning of something new. I think that's also what I felt that last evening when I didn't want to leave. I felt like this cannot be the end and this is not the end. It's the beginning of something. And again, what that's going to be and not sure, we've got a couple of things starting to move and I can feel they're already happening. It's all about staying open, seeing what opportunities are opening, moving with them. But it feels new. It feels new and fresh and exciting. Yes. Yeah, exciting.

Warwick Schiller ([00:47:44](#)):

Well, that's good. I'm excited that you're excited. So yeah, thank you so much for joining me for a little recap and especially thank you so much for coming to the summit and for your presentation and just your presence. It was really appreciated.

Carla Bachmueller ([00:48:00](#)):

Thank you so much. It was really wonderful, wonderful, wonderful, wonderful to be there.

Warwick Schiller ([00:48:20](#)):

Sarah Scholte is one of the most interesting people I've had on the podcast. I've been on her podcast and she's been on mine. And Sarah's a trauma therapist from Canada, and her TikTok was titled Think

Like A Therapist, life Hacks from the Front Lines of Trauma. And once again, she just blew me away with her wonderful presentation and let's have a listen to what she had to say about the summit. Sarah, so good to see you again.

Sarah Scholte ([00:48:55](#)):

I know, it's nice to be back.

Warwick Schiller ([00:48:59](#)):

It's funny, I'd only ever interacted with you over the internet, and so after being with you for three or four days in San Antonio, as soon as your face popped up on the screen, it was a different feeling than it had been before because I felt you in real life. And so I kind of had that, I feel like I'm in the room with you right now, not just on the screen.

Sarah Scholte ([00:49:24](#)):

There's a very different felt sense, isn't there? It feels much more palpable. You're much more real and three dimensional to me. Not that you weren't before, but there's this different quality to it.

Warwick Schiller ([00:49:35](#)):

Yeah. And it's also, I don't know, when you just have the conversations we've had have been kind of recorded conversations or whatever. I dunno, maybe you're telling yourself a story about the other person or whatever, but yeah, it's interesting. But anyway, yeah, it's so good to see you again. So today we're just getting a bit of a chat about your thoughts about the summer and out of anybody, you are the one person. I'm just so excited to hear what you have to say about it because you kind of live in the transformational space. And yeah, I wanted to have your thoughts of what you thought about the whole weekend.

Sarah Scholte ([00:50:22](#)):

Gosh, thought or felt. There's the meaning making I have in my head about it. And then there's what my body experienced at the event and relationally and somatically. And so it was, gosh, I think the post that I put on Facebook a couple days after getting home was that it was like a crucible. And it was such a powerful image for me because a crucible is this sort of container in which you heat something up at a very high temperature to transform it. And it's this really cool coalescence of something to transform something into something else. And my dad, when he was still alive, he passed away in May. It was so neat that the image of the Crucible came to me after the summit because he made crucibles. I mean, he was the plant manager of a plant that actually built these. And so I didn't write that in my Facebook post, but it, so it's kind of cool that that image came to me because it felt like that in Texas.

([00:51:29](#)):

It felt like the event was a crucible where it was a contained space and in which there was all these beings who were there. And the energy of these combined beings created its own sort of experience that shook basically the foundation. And the Crucible, weirdly was the container, but also shaped by those who are in it. And I think you can't get away from that. It's like the Crucible is the container, but it's also what is held in the container to a certain degree. And so it was like that, and it was this really cool potent, somebody said alchemy, I think it might've been Josh.

([00:52:17](#)):

And definitely there was something really powerful about all of these beings together who were on a path and everyone was at a different place in their path. And that was the other cool thing about it is everyone's at a different point in the journey, and I'm watching all the speakers and they're all at different points in their journey and where they were sharing from people in the audience will resonate with who they resonate with based on where they're at in their journey. And it was such a cool reminder for me of, it doesn't matter where you're at in your journey, someone will resonate with you from there, and then we grow and we evolve, and then people will resonate with you from a different place later on, or you'll resonate with something else later on. And I really got a felt sense of that in a very palpable way that weekend.

Warwick Schiller ([00:53:02](#)):

Yeah, and what you just said then made me think, well, it almost sounded a little bit like, oh, only some people resonated with others, but I felt the whole weekend, everybody in the audience was whoever was on stage, they were resonating the hell out of 'em, really in the way that they, that's what I mean, in the way they could. And I just wanted to say I loved not only your presentation, but your presentation of your presentation, the way you presented it, it was masterful. It was so amazing. The content was one part of it, but how you brought it across, you were in your element, obviously you do that a lot, but yeah, you rocked it. It was awesome.

Sarah Scholte ([00:53:59](#)):

Thanks work. I appreciate that. It was funny because I was so on the fence about what I was going to present about, and I knew for months what the title was going to be, and I knew I had a feeling what I was going to go towards. And then it kind of coalesced a few days before, and then the morning of it changed formats again. And so the version that I ended up doing was just completely inspired with what had happened a few hours prior. It was still roughly the same idea, but it kind of just emerged, I guess from what was in The Crucible, all these energies coming together. And then I still had the same intention and the same ideas, but again, they coalesced in a different way because of being there. And I couldn't have had anticipated that from the airport or from my home. You had to be in the soup, so to speak. And then it came from that.

Warwick Schiller ([00:54:55](#)):

Yeah, Sunday I started off the summit every morning. The first morning I had a bit of a chat, and the second morning I kind of had a bit of a chat about the first day, but the third morning I was an emotional wreck before that. And I wasn't sure what was going to come out of me when I went up there to talk, kind of introduce the day. And I don't know, I just kind of like everybody there. I was just open. I just got up on stage and looked at people in the face and something came out of me, you know what I mean? But it was in the Crucible, but I didn't know, I had no idea what I was going to talk about when I get up there. And I just stood up there. And probably the other concern I'd had was because I was so emotional and I was kind of raw. I wasn't concerned, but I was just wondering if I could get through whatever it is I was going to say without losing it sort of thing. And yeah, I get up there and it just came out of me and I dunno, it was just the energy coming back off the room that kind of held me up.

Sarah Scholte ([00:56:21](#)):

It was this supportive, palpable thing. And I think that's what I love about this crucible analogy is that it's the heat of the flames of the fire that transforms what's in the crucible. And it was almost like it's being in that energetic fire of being there that allowed something to emerge. And I think we were all in some

ways moved by that, and that came through us in some powerful way. And so when I hear you say that, I go, yeah, that makes sense. It isn't clear what's happening. Something is bubbling. Something's quaking, something's moving and shifting, and I'm just going to be a vessel for it and experience it and allow it through. And we don't know what it's going to look like until it kind of emerges. I think the willingness to be with the unknown of that is a really courageous thing. And I think the holding of the space allowed for that courage.

Warwick Schiller ([00:57:18](#)):

Most certainly, everybody had their talks planned before they came there, but I do feel like the reciprocal energy from the people there may have shaped and transformed that a little bit, even if the information wasn't different, maybe the delivery was. But yeah, there was just something about the whole thing. Did you have a favorite part or two that you'd like to recall?

Sarah Scholte ([00:57:53](#)):

I'll talk about something I missed. I'm so sad. I had to miss Sunday afternoon.

Warwick Schiller ([00:57:58](#)):

Oh, you missed the dance party on Sunday

Sarah Scholte ([00:58:00](#)):

Afternoon. I did miss the dance party and I missed the q and a, so I'm sorry. I apologize if there are questions from the audience that you wanted to ask that I didn't get a chance to do, I missed the afternoon, but I did see some of the video of Rupert going wild on stage, so it looked like a good time. I really appreciated, I think the intimate moments where we were all connecting and we're all on different paths, and yet in spite of all these differences, there was this beautiful uniting and these moments of connection that felt like family, even though we didn't know each other necessarily, but there was still knowing of each other because there was something in each of us that we could resonate with that we recognized regardless of where we were all at. And I think that's that shared resonance you're talking about.

([00:58:57](#)):

It's, Hey, we're all here. And it's almost like it felt like a homecoming of sorts. And there were these little intimate moments where we were all sort of connecting off and having these conversations or these moments of close connection that didn't even have words, but it was just about being and they didn't need words. And those little more private moments, I think really powerful for me. And it just reminded me of just how much, when we're on the same page when we're attuned, that goes beyond language. It's a felt sense. I really felt it there.

Warwick Schiller ([00:59:40](#)):

Yeah, I think we all felt that some of the presenters have actually come home from that. And I know from the presenters, I dunno about from the participants, but come home from there and like, oh, I'm going to make a major life change. You had any changes in how you're going to go about the world

Sarah Scholte ([01:00:04](#)):

Majorly something had been brewing. I think I texted you about this. I'm like, work. I didn't get sick. A lot of people did, but something had been quaking in building in me and kind of exploded on Sunday

morning just before I led the group through that practice that we had sort of halfway along, or maybe it was just after that. And some pretty major trauma stuff had been coming up for me and been brewing for some time. And it's one of those humbling moments where you get to a point where you've done all the things you can do and you've used all the approaches you've used, and those things were all helpful. And then you get to a threshold and it's like, oh, none of this is actually helping me now I need something different. And somebody had presented on day one whose message really resonated with me, and I reached out to them and it was really powerful. And there's been a lot of major changes in my life around a particular pattern where there's been a shedding and a letting go and something about my own journey, and we probably don't have time for it. I know you're doing these little quick snippets, but if I think of Journey on something about my own journey and my relationship to my journey got profoundly shaken and completely renegotiated as a result of the weekend. So I was really grateful for that.

Warwick Schiller ([01:01:31](#)):

Yeah, I mean, you are the trauma therapist who's done lots of work on herself, and then this thing takes you to that next level. That's just the crazy thing about the whole weekend was things like that. But no one had any idea, including me going into it, that anything like that was going to happen. I was just like, this was going to be a really cool weekend with some really cool presenters, presenting some really cool ideas. And then whatever happened happened,

Sarah Scholte ([01:02:09](#)):

Like you said. What was that?

Warwick Schiller ([01:02:11](#)):

What the hell was that boy Kerry Lake said in the elevator that morning, dude.

Sarah Scholte ([01:02:18](#)):

It very much, dude.

Warwick Schiller ([01:02:20](#)):

It was very much, dude. Well, I'd like to thank you for joining me today, but thank you so much for your part in it. I mean, you guys showed up and absolutely rocked it, and you guys are the reason that was what it was.

Sarah Scholte ([01:02:37](#)):

Thanks for bringing us all together. Had you not been such a catalyst in your own life and moved in your own journey, I don't know that we would've all come together and found each other like this. So thanks for you being you.

Warwick Schiller ([01:02:51](#)):

Thanks for you being you because I'm a fan.

Sarah Scholte ([01:02:56](#)):

Thanks so much, Warrick. This has been really great.

Warwick Schiller ([01:03:00](#)):

It has, and it's going to continue to be great. So yeah, this is not the last time we'd be talking.

Sarah Scholte ([01:03:05](#)):

No, for sure. For

Warwick Schiller ([01:03:21](#)):

My conversation with Terry Kuebler when I had her on the podcast was one of the most fascinating ones I've ever had. I loved Terry's stories about interactions with animals and interactions with the divine, and so it certainly was no surprise at the amazing way she summarized the summit. Terry, so how's it going?

Terry Kuebler ([01:03:48](#)):

Excellent, excellent. How about you? You have been nonstop.

Warwick Schiller ([01:03:54](#)):

Yeah. I just got back from Australia right before Thanksgiving. Then we had Thanksgiving, and I haven't really stopped since then either. When you're gone for three weeks, there's a lot of stuff that needs to be, especially like say I didn't record a podcast for three weeks. So yeah, I've been a little busy since I've been back.

Terry Kuebler ([01:04:14](#)):

Yeah. I'm just trying to catch up after the symposium for me and I didn't do, not a tense of what you did,

Warwick Schiller ([01:04:24](#)):

So I thought we'd have a little bit of a catch up and see if you can share your thoughts on the podcast Summit.

Terry Kuebler ([01:04:31](#)):

Where would you like to start? It was multifaceted for me.

Warwick Schiller ([01:04:37](#)):

Well, tell me. I'm all ease. So tell me whatever you want to tell me.

Terry Kuebler ([01:04:40](#)):

To me, a bit familiar in the buildup of energies, what it reminded me of. Okay. We can really go to, what it really reminded me of was my near death experience. That's how huge it was. There was so much energy that it left everyone a little bit shaken, a little bit discombobulated, and just having to regroup themselves in that. It was a pretty earth shattering experience and for me, that was a familiar feeling after my near death experience of coming back to the planet, a different person and coming back in almost walking on a different plane because of the knowing that a different plane existed. That's the feeling that the symposium gave me, that after it was over, we were all different people and we were going to still continue to do what we did on the planet, but do it with a different level of knowing and a different aspect of ourselves. If you remember in the first podcast you did with me, you said, what is it

that you want to do? And I said, become more of me. That's what the summit did. Just little, just little things.

Warwick Schiller ([01:06:30](#)):

Just little things like that. Yeah. I think everybody had a similar experience there. Did you have a favorite moment there at all? I mean, the whole thing for me was pretty amazing, but did you have a favorite moment? Like, oh yeah. Out of all the cool things that was the coolest,

Terry Kuebler ([01:06:55](#)):

Well, probably I enjoyed the most was the night before our panel discussion. The panel got to get together and have the conversation and the discussion of what we were going to, what questions we were going to answer, and we had so much fun just sharing with each other and talking. That was really a take home for me.

Warwick Schiller ([01:07:25](#)):

And who was on that? Was that, was Nashawn on that one?

Terry Kuebler ([01:07:28](#)):

No, it was the energy group. So it was Susan, Fay, Jillian, Kathy Price, and myself.

([01:07:37](#)):

But the entire experience of watching what spiritual flow looks like and feels like because the buildup to the symposium and everyone getting the same information of what to talk about, the way it all flowed together was miraculous. It was really a testament to this is what you stay open to the divine coming in to intuition. We all ask for how do we use our intuition and how does it work and feel That was it. It worked. And that was the feeling that we all got was we stayed intuitively open to what is it that I'm supposed to share? And the conversations that went on in all of our heads is, what if I share the same thing as somebody else, and what if I get off track? And it melded so beautifully together that it really wasn't coming from us.

Warwick Schiller ([01:08:58](#)):

Yeah. You said a minute ago that one of your favorite things was when you and Dr. Susan Faye and Kathy Price and Jillian Krin bring all sat down and talked about what you were going to talk about in your panel discussion the next day, but it's almost, and those conversations didn't happen before the summit, but it was almost like all the presenters had sat down and had a conversation about what everybody should present on. And it's all very similar but all very different. But you didn't have that conversation, but everybody was on the same wavelength even before Jane's in New Zealand and Kathy's in Wales and Rupert's in Germany and everybody else is scattered all over the United States, but all the presenters came and presented and it was like I'd gave you strict parameters to stick to present. You know what I mean? But I didn't.

Terry Kuebler ([01:09:58](#)):

Yeah. And that was the familiar feeling of that to me was when I learned to go and do the shamanic journeys and we would journey in groups, we would go and do our own journey and then come back and share what we had gotten and it would all fit together just like that. It would all be the same

subject, the same information, but from our own perspectives. So for me that watching that come together was familiar and on a massive scale.

Warwick Schiller ([01:10:35](#)):

So you're saying that the Journey on Podcast Summit was familiar to you in two ways. It was like your near death experience and it was like your shamanic journeying.

Terry Kuebler ([01:10:45](#)):

Yes. It was very much a spiritual happening. It was intuitively connected to, I think we collaborated with the Divine. I really do,

Warwick Schiller ([01:11:04](#)):

Terry.

Terry Kuebler ([01:11:05](#)):

Yes, yes.

Warwick Schiller ([01:11:09](#)):

I think you just wrapped up in eight minutes what people have been taking 20 minutes or even longer to try to say and you said it even better.

Terry Kuebler ([01:11:17](#)):

Well, thanks. And maybe that's because it was a little bit familiar to me to be able to wrap my mind around it as far as the journey and being able to actually open yourself up to guidance as far as what is it that, because tell you I struggled with what my talk was going to be and what I finally did is I thought, why am I struggling so hard? Why don't I just go and ask? So I did and I went and I did a journey and I said, what would be the simplest, most profound thing that I could teach or say that this crowd at this moment needs to hear? And the title I got My dog in the background, the title came out, see, I'm blanking on it right now. What was it? Quantum Intention. Talk About Quantum intention. And I thought, well, how am I supposed to talk about that? I don't even know what it is. And for that next eight months or whatever, I kept receiving information and downloads of how to explain what that was and how to talk about it. So that kind of getting information and download is familiar to me. The symposium was that on a massive scale and for a huge group of people,

Warwick Schiller ([01:13:09](#)):

Yeah, I certainly hadn't, hadn't felt that type of energy for especially the earth shifting thing, like the floor, feeling like it had waves in it. I definitely hadn't felt that before.

Terry Kuebler ([01:13:27](#)):

And so I think now what people are struggling with is what was that? And now what do I do with it that since I keep talking about the shamanic traditions and stuff, that the snake is a symbol for healing and growth because of the shedding process that they go through every time they have a growth spurt and that shedding process is uncomfortable and they go through a period of blindness and it is really they have to shed in order to have the new skin. I think that's what people are feeling right now is the chaos of, okay, everything has shifted and now I have to let go of some things in order to fill this new space

with something brand new. And so life might turn a little upside down for people in that, I mean, they might be asked to move or they might lose a job or relationships might end, but there's some major shedding that may go on with a shift that big.

Warwick Schiller ([01:14:56](#)):

Yeah. It's almost like the feeling people will get after say an ayahuasca journey where they go away and do several ayahuasca journeys and come home and it's a major shift and people might make some major life changes.

Terry Kuebler ([01:15:14](#)):

Right. And yeah, it might not even be conscious choice. It might happen to them, but it's what they've asked for. And so if I could share anything with the people that are trying to process that right now is why did I get sick and my life is in total chaos after this? Yay. That's part of it. Just go with it because that's actually what you asked for and what's necessary for or something better to come in.

Warwick Schiller ([01:15:56](#)):

Yeah, we're having the opposite experience. I mean, Robin got really, really sick, but we're having the opposite experience to where there's been some oh kind major decisions we've been humming and aring about for a while, and it's like the universe is saying yes, yes, yes. It's making it easy for these major decisions, not making it hard. It's making it easy like, oh, we weren't sure about this before, but now it's easy. So yeah, we'll have to see how that turns out. But I'd just like to think,

Terry Kuebler ([01:16:25](#)):

I think you need to give yourself some credit in that you have been doing this for a while now and are getting more and more familiar of the feeling of following your intuition and the feeling of collaborating with your intuition and saying yes, regardless of knowing exactly what the outcome's going to be. So you've been practicing this for a little while and it's getting easier and feeling more graceful.

Warwick Schiller ([01:16:56](#)):

Yeah, I think it is. Yeah. It seems to be getting a little bit easier, but I do think the experience of the summit was yeah,

Terry Kuebler ([01:17:07](#)):

Top.

Warwick Schiller ([01:17:08](#)):

It was

Terry Kuebler ([01:17:09](#)):

Mine.

Warwick Schiller ([01:17:12](#)):

It was mind blowing.

Terry Kuebler ([01:17:13](#)):

It was absolutely. I mean that some of the terms that I've heard people saying is earth shattering, earth moving, mind blowing. It was huge.

Warwick Schiller ([01:17:28](#)):

Yes. All of the above. And I think a big part of it was I've said, when I've talked to other people, I think a big part of it was the energy you present is brought to the summit, but now telling me what you've told me about what you did for the eight months leading up to it, I think you and your journeying may have had a lot to do with it too. So I want to thank you first for taking a chance and coming to this thing that we didn't know what exactly it was going to be. And thank you for bringing what you brought to the summit because it was bigger than the sum of all its parts, but you were a big part of it.

Terry Kuebler ([01:18:11](#)):

Oh, thank you. Thank you so much. It was absolutely not just an honor. It was beyond an honor. It was as life-changing for me as for everyone else. And yeah, I just hope it continues.

Warwick Schiller ([01:18:32](#)):

Yeah. Well, we're already planning next year, so yay. It's got a lot to live up to. I think the thing for next year is we have to not try to recreate this one, just let go of having any expectation of it being a certain thing and just let it be whatever it's going to be.

Terry Kuebler ([01:18:52](#)):

Yes. You did that for the entire summit. I remember after every talk the first day you'd go, well, how do you top that? And then after the first day you go, well, gosh, how do we top that? And it just kept building and building and dovetailing together. And by the end of the summit, it was just an amazing creation that not to say you and Robin didn't have anything to do with, but there was a lot more happening than you and Robin had planned on or could have made happen, I think. But your willingness to do what you guys did and to say yes is what made the energy come through.

Warwick Schiller ([01:19:42](#)):

Yeah, I think there's a lot to that giving up control and allowing whatever's going to come through to come through. But yeah, it most certainly came through and like I said, we're very happy that you were a part of it. Josh Nickel came all the way down from Canada for the summit, and Josh is into relational horsemanship and really big into energy and exchanges of energy, and you really get that sensation, that feeling of that when you are talking with him. I felt it through the internet when I first had him on the podcast, but being with him in the same room, real life, having a conversation with him, I really felt that. And I really love what Josh had to say about his experience at the summit. Hey Josh, how's it going?

Josh Nichol ([01:20:46](#)):

It's going well. Good to see you again.

Warwick Schiller ([01:20:49](#)):

You too. You're back in Chile, Canada after being in hot and humid. Well, not necessarily hot, but it was definitely humid San Antonio.

Josh Nichol ([01:20:58](#)):

Yes. Well, I would say that was hot for us. We were thankful for the reprieve. It's a lot colder here now.

Warwick Schiller ([01:21:08](#)):

How cold is it today?

Josh Nichol ([01:21:10](#)):

I think with the wind it got down to about minus 25.

Warwick Schiller ([01:21:14](#)):

You said you just come back in from doing chores. I bet that was a bit of a chilly experience.

Josh Nichol ([01:21:19](#)):

Yeah, it is. It's always a bit of an adaptation to get back to that, but there's a couple things that we do to make that work. And one is layering and the other is getting outside on the coldest. The coldest time to set your scale. And if you go outside and you have fun when it's the most cold, then everything else after that isn't a big deal because your body seems to adjust. But it's important to get out there and have fun when it's the most cold. So

Warwick Schiller ([01:21:49](#)):

You deliberately go outside on the coldest day and make sure you have fun.

Josh Nichol ([01:21:52](#)):

Absolutely. When I was teaching, actually, there was times you could believe that I would teach through this. We have an indoor arena that's not heated, and I would have students come in the crazy ones that were willing and we would skip when you're going from one building to the next, or when you're going out to get horses, you'd have to just try to find ways to have fun. And I used to always skip, and that always seemed to make people laugh. It's almost like as soon as that joy and that fun would come up, all of a sudden it's like the cold doesn't really matter so much. It's a

Warwick Schiller ([01:22:21](#)):

Bit like Rupert's dance party at the end of the summit. Totally.

Josh Nichol ([01:22:26](#)):

I think sometimes we underestimate the power of those energies to change our whatever's going on in our lives. Cold's just a wonderful factor to show how that's possible. It's probably similar to the ice baths.

Warwick Schiller ([01:22:37](#)):

Yes, very similar. So anyway, you're here today because I wanted to get your impressions on the summit. What did you think of the whole thing?

Josh Nichol ([01:22:48](#)):

I thought it was amazing when we first got there, probably the neatest part was all of us had heard of each other and somehow knew each other, but none of us had been in, well, from my perspective, no one was actually in each other's energy. And as much as there's connection just through the internet and through just being able to feel people, there's something different when you're in each other's space. And to me, that was just so rich because to be able to actually know people and feel them and everybody on the similar frequency, it was really something else just to experience that kind of community and that connection. And everyone, I saw anyone that had any sense of who you were, they'd come right up to you and you'd come right up to them. And it was just such a surreal experience. That was such a fun piece when we first arrived, and Cindy felt it too. She felt right away people were engaging and communicating and it was seemingly like a family reunion almost in some weird way. I don't know how else to explain that.

Warwick Schiller ([01:23:54](#)):

Yeah, it was a bit like that. It was almost like everybody felt like you'd known them for years, whether it was the presenters or the people attending. Really.

Josh Nichol ([01:24:05](#)):

Yeah. Yeah, a hundred percent. As if, and I felt this in a lot of ways, doing this work and living this lifestyle out is sometimes not common in the general form of how life goes. And it was as if it was just breathing deep, fresh air when you were meeting others that were doing the same and working towards that same perspective. It was finding an oasis.

Warwick Schiller ([01:24:34](#)):

Yeah, it was pretty cool. Did you have a favorite moment or a favorite anything from the weekend, whether it was during the summit or after hours, or did you have something that stands out? Everybody I've talked to, they're kind of like, well, the whole thing, and I feel that too, but for me there's some moments that really stuck out for me. I'm just wondering if you had any of those in your mind.

Josh Nichol ([01:25:04](#)):

Yeah, obviously listening to everybody was just rich because everybody had the same, everyone was pointing towards the same hearts desire. There was this same soulness that everybody was working towards. We were all coming at it from different perspectives, and that was just so rich. I think the thing that hit me the most, and it seemed to grow as the weekend went on, but it was anytime a presenter finished, it was like the other presenters felt the need to just almost rush to them and connect and make sure that they knew how much what they said meant to them. And that was a real contagious kind of feeling because it was as if there was a need for that. And I watched it and I was a bit of a part of it. And then when it happened for me and I came down and three or four different presenters just came right away and wanted to make contact or hug, and the level of not just support, but kinship and desire to build up and to that was substantially impacting to me how much people were in it and resonating with it and just not like, yeah, good job.

([01:26:21](#)):

It was like, I need to look you in your eyes and you need to feel this from me. That that touched me. And that was amazing. And that was across the board, that was anytime anyone spoke, it was like it touched something unique in the other presenters, and there was this desire to reach out in a world that unfortunately is not necessarily that supportive that just hit me, that just really added because we're all

putting our souls out there. And I think that's the general vulnerability of the more we're laying our souls out there, and vulnerability is empowering, but it's also, there's risk to it and there's feel to it. And man, that was deep. That really was just so beautiful, the level of support that everyone felt like they wanted to give to everyone else. And there just no, there was nothing but beautiful vibes about all of that. That was just impacting.

Warwick Schiller ([01:27:19](#)):

Yeah, when you were talking about that, it's almost like they needed to communicate their level of attunement. They needed to say, I got you the message you were giving right. Then I got it. And the needing to be close and look you in the eye and maybe hug or whatever, was almost the way to say, this is how much I got you. It's not like, oh, yeah, yeah, I understood what you're talking about. They look you in the eye and they're like, I got what you, I was picking up what you were putting down.

Josh Nichol ([01:27:57](#)):

Yeah, exactly. And that made it the difference between, yeah, good job, and I need to get out of my chair and I need to look you in the eyes so that I see you, and I know that that was your heart. You just laid out there. And I just want to affirm how much that meant to me. That's just on a different level, the kind of belief that there was that need shooting, Sean came running from the back of the room to just grab me by the shoulders. It's like, dang, I don't know. Something more, something so pure, something so beautiful to those type of synergies. And for me that's like, man, that's what it's all about. That's what we desire with the horses. That's what we desire in the work. That's what we desire as a community to start cultivating more and more that it's just not about, there's no competition there only abundance, there's only, it's just a beautiful space. And as we all elevate to that more and more, and I've meditated on that feeling to allow it to have more lasting impact and more impact in my life. And yeah, just rich.

Warwick Schiller ([01:29:05](#)):

Yeah, it was pretty cool when you said, NA Sean come running up from the back of the room. I could just imagine what that felt like. That guy, he's something else. Isn't he

Josh Nichol ([01:29:14](#)):

Such a cool guy? Yeah, him and I have developed actually a pretty good friend. That's been pretty fun.

Warwick Schiller ([01:29:19](#)):

Yeah, that is cool. And you were talking about when you'd come off stage and everybody wanted come up, the other presenters want to come up. The other thing I noticed there too was because a lot of times I was sitting over on the side against the wall so I could kind of see the stage and see the present. The other presenters sitting down, no one was kind of twiddling their thumbs or whatever. Every one of the presenters was leaning forward and fully engaged with what was going on. They was fascinated as the people in the audience were. And I felt kind of privileged. I got to see it all. It wasn't like, I'm like, oh, go up there and say your bit. I was as fascinated as everybody else. I mean, there was a few times I had to duck out and do organizational things, but for the most part I was vibing on exactly what you guys were saying while you were doing it. So yeah,

Josh Nichol ([01:30:09](#)):

I feel that because every one of these presenters was, and that's another neat thing too, how I feel like the energetic vibe around the creation of our presentations is there was a heartbeat in everyone and it was just to represent their soul, to let what was deep within them be felt. And to me, that's so captivating. Anytime anybody is in their soul and they're just representing their deep truth about why they're on the earth or whatever, it's like I can't help, but just so that's the kind of stuff that just gets you, it doesn't matter if it's sailing or it's diving or it's whatever, when a person is in that space, because that's a portal. Anytime a person is in that space for themselves, it's a portal for others. So it's like you just want to be around that. You want to hear their story, you want to feel it because it's not really about sailing or horses or whatever. It's that they're opening a portal. Yeah. So cool.

Warwick Schiller ([01:31:02](#)):

Yeah, most definitely. Some of the other presenters, and actually Robin and I too have come home from there and kind of went, life looks a little different now. Maybe we're going to go in a different direction than we'd been going in. Have you felt anything? Have you changed anything since you've been home or you're still on the same path?

Josh Nichol ([01:31:26](#)):

I don't think you can do that and not be different. I don't think you can have that kind of experience and be involved in a space like that and not be changed. For me, it gave me even more desire and tenacity to reach forward and dive more into what really matters, what really is why I feel like I'm here. It gave me a greater confidence when you have that kind of collective together with that kind of encouragement, it just allows you to feel like you have a little more strength. There's more support. You're not on your own just doing it all on your own or doing your own thing on your own, so to speak. But it's just so obvious that there's just so much, there's a collective energy. And that really changed my, I don't know, confidence or I don't know what the word is, just that awakening to just really feel like this is real and this is what this is, and the confidence to dive into it even more and find that balance. That's been always, I feel my calling is to be able to figure out what that means to be in relationship in a working way with working horses and doing a variety of things that we do. And then to just understand that. And I feel like it just gave me just this big shot of energy to just feel confident in that walk. That was very helpful.

Warwick Schiller ([01:32:57](#)):

Yeah, I can see that because the way you look at the world, it can be a bit of a lonely place out there in horse world, looking at the world that way. It's not that common that it definitely is the road less traveled. And I can imagine going there and Mark Rash said, mark and Chrissy said the same thing. A number of people said the same thing. It's like, I felt like I found my tribe. We felt like, yeah, we're all in the same wavelength. Which he said is, I think Mark said it's not that common in the horse world to run into two people like that, let alone 22 of them presenting in front of a room of 250, that they're all kind of on the same wavelength.

Josh Nichol ([01:33:46](#)):

I thought it was so awesome too that everybody did different things. There wasn't a sense that everybody had to do the same thing. And that's a little bit of a thing in the horsemanship world. It's like you got to find value or community in doing it a certain way or trying to do your horsemanship, the different groups, and there's a sense of value and association to that. But this was so far past that, and it was so beautiful to feel people coming from all of these different places. And to me, that's what it's all

about because the world is unique and beautiful with diversity. The challenge people have is when they clinging to their unique piece of that diversity rather than seeing the heart behind it. And that was so obvious here. Everyone was coming from different places. But that heart, and that was another impacting piece to me is that when you can align in a heart space, the stuff you're doing is quite secondary.

[\(01:34:37\)](#):

It's like that relational perspective to the soul and to connecting with each other and being able to see each other. It doesn't really matter what you do after that. Those are just other avenues to walk and have fun and enjoy this world. But that heart-centered connection, that ability, that I C u piece, that was very clear at the summit because there was an obviousness that everybody did different stuff, but there was almost zero care about that. And in other areas of the world, what you do is what you're judged by. That's probably the first question. What do you do with your horses?

Warwick Schiller [\(01:35:10\)](#):

Yeah. When I talked to Kerry Lake about it, I think it was Kerry, someone I talked to about it said it's the Brene Brown thing about fitting in versus I forget what the other one is. Basically being authentic and no one there was feeling the need to fit in. They would just then true authentic swords. And that's what caused them to fit in anyway, because everybody kind of showed up that

Josh Nichol [\(01:35:38\)](#):

Way. And with that level of concentration, I think that was it. It just blew out all the kind worldly standards that people judge each other by. It just couldn't even exist. It couldn't even exist. And that to me was just so, so fun to be a part of when all of the value-based judgments, all those other things, they seem to just get blown away by it. Everyone aligned. Everybody was just cheering for each other, seeking that heart space and sharing their souls and the rest didn't matter. Oh man, that's, boy, as we can continue to keep that ball rolling, man, that's the change this world needs.

Warwick Schiller [\(01:36:16\)](#):

Oh yeah, I was just thinking about that. Can you imagine a world that lived like that?

Josh Nichol [\(01:36:20\)](#):

So cool. So amazing feelings. I like to charge.

Warwick Schiller [\(01:36:27\)](#):

It was good stuff. But anyway, I just want thank you from both Robin and Tyler and myself for taking a chance and coming down all the way from Canada for something that you really had no idea what it was and that number one, and also for bringing the energy that you brought to it because each one of you presenters, what you brought to that whole space was a huge part of how the magic happened. So thank you so much.

Josh Nichol [\(01:36:59\)](#):

Well, thank you. Work you, Robin and Tyler all set that stage for us, and that was demonstrated by all the presenters feeling it and being able to feel like they could just show up and share their hearts and man, what a stage. So thank you for giving me the opportunity and inviting me. I really appreciate it.

Warwick Schiller ([01:37:32](#)):

I was so excited to have Dr. Steve Peters present at the summit. I knew what ever he talked about was going to be amazing, and it was probably even more amazing that I expected it to be. And I also loved chatting with him afterwards, getting his thoughts on what he felt about the summit and what he felt happened there. Dr. Steve Peters, how's it going?

Sr. Stephen Peters ([01:37:59](#)):

It's going good.

([01:38:01](#)):

I think the reason that we're talking is getting my impression along with everybody else's who participated in the amazing summit in San Antonio. And it must seem strange to somebody from the outside to hear people say, it changed my world, or I came back and I'm not the same person. Well, I can give you, I hate to describe things that I'm feeling and experiencing because then you put it in words and then you create a different narrative all around it and it's not quite the same deal. But with that said, there was almost a, how do I want to put it? A Disneyland kind of feeling to everything. One, we were in the dreary hotel, so there's a model T four down there in the lobby, and it's a grand old hotel. So almost like in a dreamlike state, you kind of don't know if you're in 1925 or if you're in modern times.

([01:39:19](#)):

I think had we been in a modern hotel, it wouldn't have had the same feel. The elevators were small and that actually added to everything. It was almost like it was on purpose. People would fill into the elevator and as you got to feel this buzz, this harmonious kind of vibration with everyone, you'd wonder if it was just you. So you kind of look at people in the elevator and you wouldn't have to say anything. You'd just get these knowing nods. I'm feeling it too, buddy. Yeah, just realizing this is something different. So all of that part was pretty amazing. And I kind of think, I almost felt like I was in a vibrating spiderweb and I might've just been before coming to summit, if I was invited into that spider web, I might've just been on the very outer fringe, but it was like we were all in the center.

([01:40:17](#)):

And so anything that touched that web was just magnified in its intensity, feeling sensations, emotions. Some people just broke out crying in the hallways. This is touching on something. Other people just went on almost like they were in zombie world, just, whoa, I got to go to my room and lay down. I heard people say that. And then outside when you went outside, you'd know you were in Texas if you saw a cactus and cowboy hats and sand and rattlesnakes, but you're on the Riverwalk, so it's kind of like Venice and then every little food place is Italian or Mexican or something else. And then even in the summit you've got your accent and Rupert's and Jane's. So almost when you have a dream where you take all these components and elements and you can't quite place them, it's almost like they've all got glued together and whipped in there in this big soup.

([01:41:20](#)):

Not only was that the sensation and the feeling, but it was almost like all these ingredients just stirred up and things that you might have, let's say to use that analogy, you would've eaten a chili bowl of chili. Well, now here's chili and we've thrown in some bay leaves and we've thrown in a little of this and a little of that. So you couldn't even count on your perceptions being accurate and you had to keep rechecking yourself to say, is that chili? This doesn't feel like chili. This is a different world. It was almost like a different dimension then and a number of people. I started to feel ill not during the summit. On

the summit I came off on a high. When you drive your car and you're not quite sure how you got from point A to point B because your mind has turned that all over to something else.

[\(01:42:22\)](#):

I went through the airport and all of that stuff in that state. It's a wonder I ended up with my luggage and everything, but I just was somewhere else and just going through the motions of doing day-to-day things, but they weren't really registering. When we landed, Michelle said, something weird's happening to me, Michelle's my wife, and something weird is happening to me. I am so dizzy and I'm feeling such vertigo. So she had to lay down in the back of the car and had me stop a few times along the way home. She said, the world is spinning. The next day I woke up and I felt flu-like achy, and so I took all the tests, the covid, the flu, all that stuff, and they all came back negative. So this was some other deal. I guess I ran a fever because I started to hallucinate and it wasn't a scary thing.

[\(01:43:22\)](#):

I didn't say, Hey, I'm sick, I'm hallucinating. I just went with it like Alice in Wonderland and I was walking the dogs and there's only one way to go. We're down a long dirt road or if we take a path. So I'm walking and I'm saying, where the hell am I? Where am I going? And then it dawning on me and then I'm even looking at the road saying, what is this road made out of? Is this made out of plastic? Is this made out of none of my perceptions? And I felt so at sea. I actually fell down twice while I was walking. The dogs loved it. They ran all around me and it was because I forgot how to walk as crazy as that sounds. And so I had to sit down and think about how do I move? And if I am going to move, where the hell am I going to go that much disorientation?

[\(01:44:16\)](#):

But I was fascinated by it. And as the fever broke and as the sickness left and the coughing and all that, I was still someplace else. So that disorient and I was so glad that it didn't leave. And I thought today I live in the mountains of Colorado on purpose because for me, I love the change in perspective. I go to a hundred feet and I stop and I sit on a rock. And if I go to 200 feet, I now have a different angle, a different perspective. I see more things from that angle. And actually I'm perceiving things a little differently. So I'm actually a little different than I was at a hundred feet. And then I do the same thing until I can get way up, I'm drawn to heights. So then I see this giant big picture and it's almost like walking those levels, not somewhat in a spiritual way.

[\(01:45:16\)](#):

And some people might call that, well, I'm getting closer to heaven or whatever, but I sometimes can walk through the morning fog at a high enough elevation so it's all cloudy. It would be cognitively cloudy, and then you continue to walk and all of a sudden you are above the cloud and it's all clear and you can see everything. I think that's what the summit did for me. I think that I had these different vantage viewpoints, but I went on a mountain higher than any I've ever been on, and it made me dizzy, like climbing Everest, almost like altitude sickness. But once I adjusted, I looked around and my worldview was different. And this just isn't in my perception. We had an event in our little town here, and I felt compelled to just tell the person who's putting it on, I'm proud of you.

[\(01:46:14\)](#):

You have helped us in our community. And that sense of community, that sense of being in this big vibrating web, I now feel like I'm still vibrating and if I vibrate at a certain frequency, I can get the others in the web with me to vibrate at that frequency. And it's kind of cool if there's somebody that's really exciting to talk to, we just are drawn to each other and bang and sparks go. And it's not something you can say, well, let's talk about this or let me teach you something. It's nothing like that. It's just this

interaction that all of a sudden creates these sparks and in the same way, but as I start to vibrate, I can feel somebody who may not be vibrating like I am. And so it's pushing away from each other. And so I just say, that's just not where I need to be. But not saying You're bad. I don't like your opinion. You voted for such and such.

[\(01:47:23\)](#):

It's not that. It's just an inner sense that we're just not going to vibrate on the same thing without judgment. And so all these things have created a this shift, and I don't want it ever to change. In fact, I'm seeking out how can I vibrate at a different frequency? How can I create this harmony with other people? And then you can really feel a connection when you can start to feel vibrating, a feeling God getting gone. You feel like, Hey, we're vibrating. Our nervous systems are vibrating at the same frequency. And I know you've done a little bit of dabbling with some psychedelics, so you probably are aware that changes in your neurochemistry can open doors for you. And so that's what I try to do. I say, you know what? I found a way to give myself a huge dose of oxytocin. If I am nonjudgmental and I'm connecting with these people and we're sharing and we're vibrating at the same thing, I leave feeling more trust, more connected, more, et cetera.

[\(01:48:51\)](#):

And I know that that's serotonin in me and oxytocin. So it's almost like what the summits help me to do is more specifically have control of those spigots. I get myself a little serotonin over here and Oh crap, I got some epinephrine going. I'm not feeling quite right. I need to vibrate at a different frequency. I need to change this. And that's empowering when you find out that you are actually in control and you can change your reactions, the things around you, man. Yeah, so I can't say I'm enlightened, but I can say that I feel that I'm closer to that because my understanding and perception of the universe is much healthier.

Warwick Schiller [\(01:49:48\)](#):

There's not a lot left to say after that, Steve, I have interviewed most of the presenters and that was the most concise. Yeah, there's not much more to add to that and I don't think we will. I think we just might leave the wrap up at that because I think that's all I needed to hear. That was the best monologue I've had. Well, you know what? Before we go did, I've been asking everybody this, did you have a favorite moment from the summit? And if you didn't, that's fine, but for me it was amazing the whole time. But there was a couple of things that personally I went, oh, that's my, out of all the amazing moments, that's my favorite. Did you have a favorite moment or a presentation, someone you talked to, someone you went to dinner with? It doesn't have to be in the summit. The Jeffers,

Sr. Stephen Peters [\(01:50:46\)](#):

It would be hard to pick out singular moments, but there are one or two. One is Christy McDonald had talked to me about her anxiety, about having her voice. And wow, it's not an interview, so I'm going to be up there and I'm going to be vulnerable. And to watch her shine and to watch her be proud of herself and realize in that moment that she just grew and she was a different person. So I saw her beam after being able to do that. And she was not the same person. She's someone different now. She found that way to just crack through that ice or ceiling that now allows her to be a different being. So I was so happy for her. And another instant was I love seeing Jane Pike's red pants. It wasn't just the red pants and the white boots. It was when Jane said, I used to reel myself in.

[\(01:51:54\)](#):

I used to have people say, you're too much Jane. You're over the top Jane. This is too much. And then question herself about being that who she was and constantly reeling it in. And I was so glad that that's what those red pants said is, here it is. I'm not reeling in anything. You're getting Jane Pike. And I felt for her, this real, I saw so many people, I think shine that I hadn't seen just come right out and allow themselves to blossom. It is watching flowers in that time lapse photography where you watch, all of a sudden the plant grows and then flowers start blooming. It was like that time and time again.

Warwick Schiller ([01:52:42](#)):

Yeah, I think Jane showed up with the red pants, meaning she was like, I'm all in. But I felt as the weekend went on, she became even more all in. And for me, one of the highlights of the whole thing was the intention panel discussion on the Sunday. I think Jane shed all of any of the limitations she had holding herself back from being her true self, her eyes changed when that question about how do you find your intuition? And she looked at me and she said, I'll take this. And she kind of closed her eyes there for a second when they opened up. The way I have described it is she looked fierce, not angry, fierce, kind of like, fuck it, I'm all in. And she showed up with the red pants on, but that was at the start. But I thought, like you said, as it went along, I thought everybody bloomed. They showed up amazing people and they bloomed a bit. It was a medium to grow in. It was a safe space to you can be who you want to be. And yeah, I think that's about all there is to say about it.

Sr. Stephen Peters ([01:54:30](#)):

And you know what? Different groups are coming together and I don't know that you could replicate this as much as, and I know I watch your talents in that there may be somebody who's struggling a bit. There may be somebody who didn't say exactly what they wanted to say, and it seemed like you were so tuned to that that you could ask a question and it was throwing that pitch right down the middle of the plate. Here's your relax, here's your home run ball. It's coming right for you. Boom. And you'd watch that person find it and then come out and realize without you sort of providing that fertile ground, that safety, that pitch right down the middle and you did it time and time again. So I don't think you could just get up on a stage and have people, well just give a talk and teach. It was more we're all experiencing and we are all losing these limits and finding a way to be a higher self in this higher plane. And so I really appreciated you leading this as you have through the journey on, and probably got a lot of experience doing that. But I think without you allowing people to find that doorway to come out, it wouldn't have been the same thing.

Warwick Schiller ([01:56:06](#)):

Yeah, thanks Steve. I hadn't looked at it that way. You said at the start of that it would be hard to repeat. We're going to try to repeat it in the middle of organizing next year's summit. If not summits, we quite the possibility. We may have two. We're definitely going to try to have one in Australia. We know that much. But the thing, I think the reason it happened, the way you can't make that thing happen, and Robin organized all the parts that are organizable, but then we didn't tell you guys what to talk about. And it was like, okay, you're going to do a 20 minute talk. We want you to teach inspire, connect, tell us what you're passionate about. And we just stepped back and I had no idea what anybody's going to talk about. I didn't really care because I kind of trusted the process. And I think going forward, we need to manage the parts that are manageable and just let go of the other parts and just trust it will happen. You can't manufacture that.

Sr. Stephen Peters ([01:57:17](#)):

Yeah, when I said you couldn't replicate it, I didn't mean that in this format, you couldn't replicate it, but you would have to be careful of saying, okay, now we're going to define this and now we're going to structure this a little more. Then you just go back to somebody giving a talk on such and such.

Warwick Schiller ([01:57:41](#)):

Right. It's really interesting. I was talking to Shay Stewart the other day and I felt that shift, that ground shifting thing, I felt it a couple of days before. Some people felt it three or four days before and we didn't even know what that was at the time. But Shay, when I introduced her, I said that she is not real comfortable speaking in public places. And we had actually thought about doing it as an interview, like we said on the stage facing each other. And I asked her questions because she wasn't sure she could stand up and face the crowd, which she ends up doing. But Shay was telling me the other day that she will meditate and then journal after she meditates. And when she journaled, she's basically channeling like she's writing stuff she doesn't even know she's writing and she reads it later and it doesn't make any sense.

([01:58:30](#)):

And even before I had her on the podcast, so a couple of years ago, one of her meditation journaling channeling sessions, in her diary in her journal, she wrote, you are standing on a stage in front of a large group of people. You're at a podium and you are sharing your heart with them or something like that. And at the time she read that, she's like, there is no way in this lifetime I'll ever be doing that thing right there. So it's almost like this has been planned way before the podcast, before I started the podcast. And it's interesting that Shay told me that because there's a number of people I've had on the podcast that I didn't know much about you. I knew quite a bit about before you came on the podcast, but Shay, I knew very little about her. I'd just seen the stuff on social media the little bit, and I thought, I bet she'd be interesting to talk to.

([01:59:33](#)):

I had no idea why Sean was another one. I didn't know anything about Sean. I had him on the podcast. There's been a number of people that's like, I've just got this hunch or this, not necessarily a hunch, but I was drawn to have them on the podcast without knowing why. And here it is, several years later, I'm looking at like, oh, I think I know why I was drawn to have them on the podcast. And that's kind of how freaky to think about getting that two years ago and this to come out the end of it. Yeah, it's still,

Sr. Stephen Peters ([02:00:09](#)):

Yeah, there was that sense that although we were experiencing it in the moment, there was some predestination to it almost like what was that movie? Close Encounters of the Third Kind or something where we're all on these pathways and in the future is the summit and we open the door to the auditorium there we all are at this thing that was supposed to happen that we could maybe feel even in the past or in the future. We of course couldn't cognitively put it together or Shea couldn't make sense of that. But little glimpses in pieces because I think that's what people said to me again and again, how did all our paths end up getting us all here and feeling this way? It was more than you invited them there. It was, yeah. But something got me that invite in the first place. Something got me to the journey on Summit in the first place, and those pathways all came together and you don't know how to describe it, but it was a remarkable feeling that yeah, you like hiking out in the wilderness and then you find there's a little cabin somewhere out in the woods and you open the door, there's a fire going and everybody's got coffee and hey, come on in.

([02:01:43](#)):

It was that sort of sense almost.

Warwick Schiller ([02:01:47](#)):

Yeah, it was. But anyway, we could talk about this all day and still not be able to fully convey. Well, we couldn't fully convey it any better than you did when you first talked here today because like the best way I've heard it. So thanks so much for joining me again, Steve, and be well my friend.

Sr. Stephen Peters ([02:02:03](#)):

Yeah, you too. Take care and thanks again, wart.

Warwick Schiller ([02:02:12](#)):

Thanks Steve. So you guys at home, I hope you've enjoyed this episode of The Journey on podcast. What was The Live Stream is now available as a video library, so you can access [that@summit.warwickschiller.com](mailto:that@summit.warwickschiller.com), and you can get to spend your time listening to all three days of the summit. I know since I've been back from my travels, Robin and I have sat down and started to listen to the presentations, and I guarantee you they're no less impactful listening to them back than they were in the room at the time. So I hope you guys have enjoyed this episode of the recap of the Junior Podcast Summit. We'll catch you on the next episode.

Speaker 1 ([02:02:55](#)):

Thanks for being a part of the Journey on podcast with Warwick Schiller. Warwick has over 850 full length training videos on his online video library@[videos.warwickschiller.com](mailto:videos.warwickschiller.com). Be sure to follow Warwick on YouTube, Facebook, and Instagram to see his latest training advice and insights.