

Speaker 1 ([00:00:08](#)):

Magic lies with the trails. You're listening to the journey on podcast with Warwick Schiller. Warwick is a horseman trainer, international clinician and author, whose mission is to help people achieve a deeper connection with their horses through his transformational training program.

Warwick Schiller ([00:00:35](#)):

Welcome back to the genuine podcast. I'm your host Warwick Schiller. And there's a bit of a long story about how I got to today's guest, but it really ties in with a lot of the themes that I've talked about here on the podcast. You know, I've talked about one of the podcasts we had was about, about manifesting things in a reality. And you know, my son, Tyler, he lives on the Hawaii island of Awahoo, which is where Honolulu is. He lives in the outskirts of Honolulu. He moved there a bit over a year ago and he works there for a rock climbing gym. He's the lead climbing instructor there, and basically the general dog's buddies well into. He does a lot of different things for the, for the owners. And he divides his free time between surfing rock climbing, free diving, hiking, swimming with the sharks, playing music, and, you know, just generally hanging out with other really adventurous people of his age.

Warwick Schiller ([00:01:33](#)):

You know, there's a lot of people like him that kind of adventurous and moved to Hawaii at this time of their life. And they, you know, they, they, they have a pretty good time and in hanging out with all these cool people, he has had the opportunity to go sailing a few times and really kind of fell in love with sailing as well. Then, you know, the whole, the being on the ocean, but the, the relying on the elements, the wind, and being able to read the wind and interact with the wind and the water. And it really it's something that really, really kind of fell in love with him. So him and a friend of his recently probably a bit prematurely bought themselves a 26 foot sailboat. Now he doesn't really know how to sail this sailboat. He's been out in some sailboats.

Warwick Schiller ([00:02:22](#)):

And so he probably a bit premature, but he knows a number of people through his, you know, all the, the friends that he has there, who are experienced sailors, but don't have their own sailboat. And so he bought this boat and what he figured he'd do is he'd, he'd have you know, he'd find guys who can sail, but don't have a boat and he'd say, Hey, I'll let you sell my boat. If you kind of teach me the ropes. And so he can, you know, the people that don't own a boat, but can sale get to have a sale. And, and Tyler learns the ropes in the meantime. So that's kind of the introduction to this whole story. Now, completely separately from that, we got a young lady from Colorado named Kendall who has worked for a, since the beginning of January. And, you know, she wanted to, she wanted to come in and work for us and learn, you know, what I do with the horses and stuff.

Warwick Schiller ([00:03:11](#)):

My head told her, you know what, it's not like I have a full training barn. You know, it's not like I've got enough work to keep you busy. You know, we've only go to our own horses here and, you know, they're not necessarily limited in what we can do with them, but, you know, half of them are kind of fully trained. There's not much to do with them. And the other half, we're not, we're not doing much with them, but so Ken was being here for six months and I've been helping her with, with what I can help with and show her different things. But she said recently, you know what? Yeah, I'd like to get a horse to start under saddle, you know, start from the beginning and have you kind of guide me through it. And I'm like, yeah, that that'd be a great idea.

Warwick Schiller ([00:03:49](#)):

So I put a post out on Facebook saying that we're looking for a horse for the candle to start under settled. And I got a lot of replies back and on one of the replies I got was from someone saying, well, we've got a, I got a horse. And you know, she was about this horse is about two hours from us. And this lady said, we've got a horse that would be good for good for Kendall. You know, we're not, then right now, we're we're actually professional sailors. And so we're not there right now. But if, you know, I can tell you where to go get her, if, if she would work for you. So I'm like, Hmm. Professional sailors. So if you're a professional sailor, where are you? And this lady said, we currently in house on a Lulu, we've just raced the trans Peck.

Warwick Schiller ([00:04:35](#)):

And so I'm like the trans back. So I go and look that up. And the trans is is to sailing nice from San Pedro, California to across the Pacific to basically dominate, which is the volcano above Honolulu. My son, his house is almost on the side of it, of diamond head. And she said, yeah, we're professional silos. And we're currently in Honolulu. And I said, yeah, well, Hey, my son lives in Honolulu and he's just pulled a sailboat and doesn't know much about it. Is there any chance I can have him like, you know, come down and say, and maybe get a few pointers or whatever. And so Tyler context, these guys and, and the lady said, yeah, that'd be great. And my husband and Jesse, he, he no, no. Does he sell? But he teaches sailing too.

Warwick Schiller ([00:05:23](#)):

And he loves to teach and something like that, what an opportunity. So I told Tyler and Tyler gets the phone number and it gives them a call and goes down and sees him in the next thing. They, they, they said that target contexts, when he says, oh, I've met him. And they're cool. And they're going to take me sailing on my boat tomorrow morning, whatever time, you know, I think this is a great opportunity. So the next day I called Tyler and it was later in the day where I figured they'd been sailing, they've had enough time to go sailing and come back and he answered the phone. And I said, and I can tell from the background noise that he's there back on the dock, I can hear things in the background. And I said, so, so how was it? And he said, how was what?

Warwick Schiller ([00:06:05](#)):

And I said, the styling, how was it? And he goes, oh mate, we haven't left yet. I'm like, oh no, what happened? He says, oh, nothing happened. He says, but spent the whole time re rigging my boat. It was all wrong. He said, well, actually it wasn't wrong. There was just much better way to do everything. And I said, oh, so you're like the person who brings their horse to a clinic who thinks they want to fix a problem at the Cantor. And we don't get out of the walk because that's where the problem lies. And you know, they don't get to get ahead of a walk. And he said, dead. That's exactly what it's like. You know, I did a post about this recently on Facebook. And then I quoted a German poet who may or may not have been a relative of mine, but he was born in 1759, died in 1805, but his name is Yohannan, Frederick Von Schiller.

Warwick Schiller ([00:06:52](#)):

And he has a quote that says only those who have the patience to do the simple things perfectly will acquire the skill to do difficult things easily. And so after, after Tyler had told me about his experience with, with getting help from the skipper of this boat, I thought, wow, this guy has lived an amazing life. And there seems to be a lot of parallels between boats and horses. And so I said, well, do you want to

ask him if he would be on the podcast? And he said, yes. So here's my interview with the professional sailor, Jesse Osbourne, Jesse, welcome to the journey on podcast.

Jesse Osborn ([00:07:34](#)):

Thanks for having me work.

Warwick Schiller ([00:07:36](#)):

This is, this is going to be fun. You know, in the intro I told the story about the whole, you know, the horse and Tyler and the styling and all that sort of stuff. But I just got your email here this morning about the questions that you've chosen. And you said we've met before the horse expo in Washington.

Jesse Osborn ([00:07:54](#)):

Yeah. I wouldn't expect you to remember it because you'd have like a thousand people coming by your booth. But we were living in Washington at the time actually rebuilding the boat that we just sailed here to Hawaii. And that was a two and a half year project in the interim. This is when Sam was really getting back into horses because we had a little piece of property near port towns in. And we actually built a little, it was more important to have a piece of property for the horses than a really a place to live. So we lived in a camper and then built an apartment in our garage. And then we had 10 acres with five of it fenced. So anyways about when we met, we went to the expo a couple of times when we were in Washington. And and you were the, you know, one of the presenters and I went by and, and we just, we just talked briefly about cause I'd done a lot of dog training in the past and, and you know, we probably had it 92nd conversation, but I remember meeting it was, did you have a dog with you? No, Nope. I is that dog.

Warwick Schiller ([00:08:59](#)):

That was the whole sex that everybody, they had a dog, it was so cool because when I go ride a horse expos, I kinda miss out dog time and it was great. I get to bring your dog over here. I want to say hi, that's a few regular podcast listeners. If you've listened to all the podcasts, you would have taught, oh, you would have heard me talk about a cat jumping in my lap at a horse expo, not getting up. And that was the horse expo that the cat decided that cuddling up to me felt good. So,

Jesse Osborn ([00:09:25](#)):

Yeah. Right on, well, we, we had a dog with us on that trip, but I didn't have him when I was talking with you. We have a little west Highland terrier, just a little monster. He's awesome.

Warwick Schiller ([00:09:35](#)):

Very cool. Well, let's get it in. And this is, this journey on podcast is about people's journeys. And you, you have one of those occupations. You currently have. One of those occupations that I would say is one of those passionate, inspired occupations is not like something that people go to college to, you know, you're not a doctor or a lawyer or whatever, you know, it's one of those things that you, you follow your, you know, your professional sailors. So how did you, how'd you get to this point in your life where you're a professional sailor?

Jesse Osborn ([00:10:07](#)):

Well, to get here, I had a lot of top ramen and a lot of cheap living, but the catalyst for that is actually I picked up sailing at the tail end of a really, really difficult time in my life. The kind of difficulty that you wouldn't wish on anybody really. And so without this could be a huge rabbit trail, so I'm not going to go all the way down. But basically I was I was in Alaska state trooper for seven years and early on in my career I was going through a divorce. I got married too young. And so my life was already kind of conflicted, you know, and I loved my job. My job just, I loved, I loved being a state trooper was there's so much purpose there, you know, like bringing calm to the storm and, and just felt like I could really do some good in that job.

Jesse Osborn ([00:11:13](#)):

And then one a really dark and, and just a frozen cold winter, Alaska night, there was a real bad guy that, that we got a call to check out his a suspicious vehicle. And he, he tried to run over the other trooper that was on scene between he was stuck between a snowbank and his car and the guy tried to run him over and I had to shoot him. And it was awful besides that just being awful was the fact that it turned out. He was actually a really, really bad guy. I didn't know who it was at the time. And he was investigated for a three yard list of, of crimes from sexual abuse, even within his own family to aside and burglaries and everything. And so the investigation was so in-depth that they didn't, they wanted to do everything right.

Jesse Osborn ([00:12:14](#)):

And it took a lot of time and they didn't talk to the media. And it was really mismanaged in the, in the relationship with the media. And it just became a real, just a real storm. It was awful. And so something about the media is that if you don't feed the sharks, they feed themselves. And basically they're going to get a story, whether you give it to them or not. And it ended up just getting really bad. I was a real media nightmare, like lightning target, if you will. And I was in a custody battle for my kids and my divorce. And it got to the point work where I hadn't done anything, quote, unquote wrong. And I'd been exonerated by all the investigations. Cause it's, that's investigated as a, as a homicide, regardless. A lot of people don't understand that it's investigated as a homicide until proven otherwise.

Jesse Osborn ([00:13:14](#)):

And one of the, one of the things people don't get about police is they police themselves very well. So anyways, I made it through all that legally and everything besides civil lawsuits, which always exist, everything was fine, but it wasn't fine politically. And I got stuck in a hallway for about a year and a half and just stared at the wall, basically with my patrol K9 doc and with all this political pressure and everything that was going on, I wasn't, wasn't able to see my kids. I didn't have enough money to really buy justice when it came to all that. So without turned into a big sob story, I'm just trying to give you an example of like the level of difficulty I was up against my hair was falling out. Like it was bad. And I found myself I found myself thinking real hard about just eating my gun and just going away, which scared me really bad because that's not me.

Jesse Osborn ([00:14:12](#)):

I'm the guy that solves problems, not the guy, but I had no skills, man. Like I had no emotional skills. I had, no, I had a million bucks worth of training and I had no idea how to handle, you know, anger fear and just all those emotions that I was just under a waterfall up like a relentless day loose, you know, it was just absolutely drowning. And so I decided to do something different. I decided not to eat my gun. And I'm writing a book about this whole thing because I think it's important to share your difficulties, the

lowest point in your life, as opposed to just sharing all your successes. That's not honest. So I learned a bunch of things. I learned how to, how to be better at everything I did and how to approach life differently. And how I started approaching life was devoid of public approval.

Jesse Osborn ([00:15:09](#)):

I found that if I put all these people that met that had an opinion of me, but didn't know me. If I gave them the personal authorization to hurt me, that I was doomed and I really had to dig down and find another way to live. And so honestly it sounds kind of weird, but I, I think you're up for it. What I actually did was I started looking you physically and mentally at anything that was bright and shiny, anything, it was good to whatever the good news was. It, it didn't matter because there was so much black around me that, that I couldn't not consume anymore. I was already, I was at I don't know if you know anything about scuba diving, but once you're saturated with nitrogen, you can't come to the surface without getting bent. Right. I get in the bands.

Jesse Osborn ([00:16:03](#)):

Yeah. Yeah. So it was like that. Like, I was completely saturated with with all these emotions and stresses that I, I couldn't take anymore. So I started retraining myself to look at bright and shiny and happy things. And I decided that I wasn't going to kill myself and I wasn't going to quit. And if I thought I had done something wrong, it might've been different. I, you know, maybe I did a slunk out the back door and been like, oh man. You know but that, wasn't the case. What this was, was, this was a political assassination. God, I could go on for hours and hours, but I really want to talk about horses and sailing. Why? Because they're the bright, shiny things in life that I now concentrate on. Right. Okay. So long story short, I made it through all that. I made it through the whole thing. I jumped through all sorts of hoops. The union was no help to me. You know, I took a voluntarily, took everything from psychological examinations to all sorts of training scenarios and everything. And they just couldn't put up any more roadblocks. And I got back to work and when I was back to work, I was always officially state trooper, but I was just stuck in a basement.

Jesse Osborn ([00:17:17](#)):

Yeah. So by the time I got back to work work, my job was now 10% of my life and my life was the other 90. So I had gone the process of, of concentrating on everything that was good or bright and shiny and like challenging myself. I ran a marathon, I went to the gym, I learned how to cook, like French sauces, you know, and I'd throw these parties for friends and like do like a nine course meal and wreck every dish in the house. Right? Like every dish, you know, I'm awful at the dishes. I just want to create,

Warwick Schiller ([00:17:53](#)):

I don't think you can cook really well and not use every dish in the house.

Jesse Osborn ([00:17:58](#)):

So yeah, we're having a good company.

Jesse Osborn ([00:18:02](#)):

I just did stuff like that. I started riding motorcycles again and going on these big trips and everything. And, and, but, but I had to stay in a game. I decided that I wouldn't leave law enforcement by being forced out or wedged out or kicked out or pushed out by a bunch of politicians essentially I'd make that

choice on my own. So I, I, I finally, I got my post and I'm going to work. So this is, this is sorry, the long route to your answering your question. So I was going to Southeast Alaska and I was talking with someone who had lived there before and she goes, well, you're gonna, you're gonna want a boat. Like, you know, Southeast Alaska, you can want a boat in the back of my mind, I'd gone to a boat show once. And I had gone and sat a sailboat. And I was like, wow, that's amazing. There's like, there's like a bed in here. And there's a little, there's a little Kitchen and look at this cool oil lamp. I'm like

Jesse Osborn ([00:18:49](#)):

Blood on one of these. And at the time my wife was like, no way, you know? So I'm like, well, that's it now, it's my chance. You know? And I knew I was going to want to do something big and let me do, you know, just because I'd had some gotten some things behind me doesn't mean that was exactly fixed. If you will. You know, I still had, like, I was just keeping it together. And so I bought this 50 foot sailboat site on scene. And it was that it was the most ocean worthy sailboat. I could find that I could afford. And I bought it in Southeast Alaska and a crazy buddy of mine came down with me and we got on the boat and I took it on a 250 mile trip in January in Southeast Alaska to, to catch a cam, which is where I was working. And let me tell ya, the learning curve was nearly inverted, The glass skyscraper lettuce.

Warwick Schiller ([00:19:45](#)):

Did you know, did you know anything about sailboats at the time?

Jesse Osborn ([00:19:48](#)):

Nothing.

Warwick Schiller ([00:19:48](#)):

Oh, so you're just like Tyler. So Tyler coming to you like you come to you.

Jesse Osborn ([00:19:54](#)):

Yeah, yeah, yeah, exactly.

Jesse Osborn ([00:19:56](#)):

And now if I'd have had some resources that had taken them, I just didn't right. And I had already faced so many problems at that point that like my scary wasn't scary anymore. And, and so I wasn't scared about the ocean to me. I was already, I was on top of the top of the world. I was howling at the moon, you know? And so that definitely pushed some recklessness that lingered for probably three or four years before I'd say I really started approaching things with what you'd call good seamanship. And what I, what I loved about the ocean now, and I learned this the first night was that it doesn't matter how tough you are or how mentally tough you are or how physically strong you are or how bright are on your best day on the ocean. You are a guest there, you don't beat the ocean view. You are allowed to be there and experience it. And the better you are, the more that you can do without things going really bad. Wow. That's awful. I know.

Warwick Schiller ([00:21:11](#)):

That's, that's quite the story. Can we get back a bit to the, you know, when you're having your trouble? Absolutely. You know, so you had, you, you know, you had a lot of stuff going on, but I want to talk about the media part of it because, you know, I can't, I can't, I mean, I can have a slight perception of



what that's like, you know I don't know, I've got 23 or 4 million views on my YouTube channel and, you know, I'm, I'm in the public art a little bit. I mean, in a, in a very small part of the world, it's just the horse world. And you know, for the most part, what I do, people quite positive, but you, you get, you know, negative responses from, from people that don't know, you don't know anything about you and it's, if you let it and it's just, you know, it's specific pressure. It's not real pressure because I don't have to listen to anything they say really. Yeah. And I've struggled with that a little bit, but I can't imagine being the bad guy in the news to every single person who reads the newspaper or watch the TV or whatever. And do you feel like there's an energy that comes off of that? Like a perceivable energy off that?

Jesse Osborn ([00:22:34](#)):

Oh yeah. Now to answer that, I'd say that people find what they're looking for. And so lots of people already have a notion, like, you know, when I read, when I used to read the newspaper and I haven't since then ever I'd read the funniest and the cause of the funniest or great, you know, most of them and, and I'd look at the classifieds cause, you know, I'd like to like a wheel and deal, right. So that's what I'm looking for. Right. And if you're, if you're into hate non cops, then you're going to find that. And if you're into, you know, you name it. So part of it is that I can't really blame people for seeking out what it is that they're interested in, regardless of what their motivations are. That's what they're interested in. So so I can't blame them for that, but I'd say the energy that comes off of it is directly related to the reporter and, and whoever is, you know, clearing their work and allowing it to be printed.

Jesse Osborn ([00:23:44](#)):

And that is a powerful pen that, that particular pen think about it. Say, say, you're the editor of a paper. And I don't exactly know how paper works, but I can imagine. And it's fairly straight forward. I would think from this perspective that you have a paper and you need to fill it up because you have subscriptions and you want print. And if you have a person just like, you know, in business or anything, if you have a person who can deliver something that fills that square, and they're not a pain, they're going to have quite a bit of input. So if you find someone that's extremely opinionated as a reporter and they have a work ethic in and they deliver, they get to say a lot. I wouldn't, I would, it'd be pretty. I know that like I've worked with people and I've worked with contractors who they might be a real pain in the neck, but if they can deliver that, they might be worth the pay.

Jesse Osborn ([00:24:43](#)):

You know what I mean? Yeah. And media people are masters at saying something without committing to having said anything. And, and I did a methods of instruction class years ago. This is when I was in the troopers and I had done some training in the methods of in-class instruction class. I did an example where I took two factual, basically factual statements. And then I wrote two articles, one that was, were positive. And one that was very negative, same information. Neither one of them is lying. Neither one of them is really leaving anything to, you know, voiding anything out, but hyper-focusing on the points of it that want to push therapy. And then they layer their opinion in there with it. Right. And so they're not lying and this is how they hold themselves against libel while, while you're factually, this is true. And that's why you'll see a lot of the facts being very thin and the opinions being very thick. And so I think it's a complex subject, but I think the energy comes from the person who's, who's writing the report or that article.

Warwick Schiller ([00:25:59](#)):

Hey, well, I'm sorry. You had to go through that. Cause that does not sound like much fun, but I think everybody I talked to who's been through something really terrible. It's been the springboard for all the good stuff in their lives. So looking back, you've almost got to embrace it and

Jesse Osborn ([00:26:18](#)):

Yeah, there's no way I'd take it back at this point. You would want to relive it, but you wouldn't take it back and I wouldn't want to relive it. And you know, whether it's, it was just, or not, which I have my opinions on that. It's our choice. Whether or not we extract the lessons that come with the pen, that's our choice. I could choose to be a victim about it and believe me, I want it to it's sometimes still do. Oh yeah. You know, like, but it's my choice. Whether or not I cash in on that labor, in that pain and take every like, extract everything I can from it, because that actually is the only thing I have control of. And so that's what I'll do.

Warwick Schiller ([00:27:13](#)):

Yeah. And as they say, no, life is 10%. What happens to you and 90% of your reaction to it. Yep.

Jesse Osborn ([00:27:19](#)):

And you know, not all your actions are always great on your, on your path to extracting all the good stuff. It doesn't mean you may call all the right calls or you sometimes some of it takes just a long time to process, you know even a couple of just a couple of years ago, this was a long time ago. Now, even just a couple of years ago, there were certain things. If I talked about it, I'd just start crying or just grind my teeth or somebody mentioned newspaper and I'd be just like, wow. You know, so it's come in doses as I've allowed myself to see the positive side of, of what I've been able to extract from that. And I learned a lot about people and so my relationships are way better, way better.

Warwick Schiller ([00:28:05](#)):

So that was your introduction to the sailing. So it wasn't, so it wasn't, so this wasn't like the, you know, cause I've been around horses all my life. It's, you know, it's been a passion for Bev and I was thinking, you're going to say, Hey, when I was a kid and you know, I went sailing and I used to always want to do that, but you've kind of, you've kind of come to a you know, an occupation that most people would probably end up with because they had a passion for it as a kid. How old were you when you get the Talbot? 30. And how old are you now? 44. Okay. So 14 years, so well, so in 14 years, you've gone to, from not sailing at all to being a professional sailor, sailing around the world. Yeah. So tell us about, let's talk about the situation you're in right now. So you, you the you're the captain. Yes. And you're the captain of this boat that it's owned by a client of yours and you have a crew, is that right?

Jesse Osborn ([00:29:13](#)):

Kind of the boat is not that big. It's 47 feet. So my wife, Samantha and I, we, our company manages the boat. So he's, he's our client. So we do everything from Samantha Angeles, the logistics side. And we S we spent two and a half years in Washington rebuilding this boat. And then he asked us to help him sail it around the world. So

Warwick Schiller ([00:29:37](#)):

At the time when you were building it, you weren't, you weren't building it to sail it around



Warwick Schiller ([00:29:41](#)):

The world for this guy, you were building it for him. And then he said, now, do you wanna help me sell it around the world?

Jesse Osborn ([00:29:46](#)):

Yes, exactly. Yeah. And we knew we'd probably help him on some passages, but we didn't really know what that was going to look like yet. So, you know, there's a lot of different ways to make money in the thing that you love doing. And repairing boats was one of the things we've done. We've done deliveries, I've done teaching. And it basically it's whatever pays. So you're doing the thing that you have to do while you focus on the thing that you want to do. And so we're at the, we're at the, where we, what we want to do, which is great. Yeah.

Warwick Schiller ([00:30:17](#)):

Point ticket. You're getting paid for what you want to do. Yeah, exactly. So you're basically retired

Jesse Osborn ([00:30:22](#)):

Kind of, but we still have, you know, it's, it's still not like we're like Lottie DAS sailing around this.

Warwick Schiller ([00:30:30](#)):

Yeah. You know, when I was training horses for the public, people would say, so what would you do if you won the lottery? And I said, oh, that'd be doing what I'm doing now. Just wouldn't be doing in front of people. Yeah. I'd been riding horses. I just wouldn't be riding other people's horse.

Jesse Osborn ([00:30:45](#)):

Yeah. Yeah. So it's similar. So we're, we're doing what what we've been aiming at for a long time, basically doing what, you know, when I quit the state troopers, that my, my goal was to be a professional sailor. And I said, this is really great because after going through all that, nobody, nobody expected me to quit. But like I said, they didn't understand that. I just wanted to get back to where I was working full capacity, no limitations. Nobody's holding me back from anything. And the political tide had turned. And I was actually friends with the commissioner at the time and had all these opportunities. And I was on the dive team and all this kind of stuff. And, and I sat down and I wrote my letter. I said, servings, Alaska state trooper has been both an honor and a privilege. And neither of those will be forgotten.

Jesse Osborn ([00:31:38](#)):

But if anybody should seek to contact me, I'll be at the helm of a well sailing vessel, just over the horizon, on a correspond for adventure send. And it just blew their minds. I must have got 200 emails the next day, no way, no way. You know, like they're just blown away. And and so there was something important there that why I brought that up was, is that I've found that if you want to accomplish something, that is really, for me, that was really off the charts. Right. I, it was important for me to be a success after all that just like, not let it break me, you know, but make me stronger. And so one thing I do is I announce it, if I'm going to do something that I'm not quite sure I can pull off, I announce it. And that's my accountability.

Jesse Osborn ([00:32:32](#)):

And I knew I would need that. And so I was just kind of like, and maybe this is maybe that's a social of kind of outgrown that now. But at the time, that was a motivation for me, was to, was that everybody understood that I'm leaving on my own volition, pardon me then leaving of my own volition and that I will succeed. And and so I said about that in an interim of becoming a professional sailor. I worked as a truck driver again, cause I drove truck when I was younger. I worked as a mechanic in the Arctic on the north slope. I would paint someone's house. I would you know, drive a tow truck whatever was required. And then when I had enough money to go back and do some more sailing, like build my resume, I would do it.

Jesse Osborn ([00:33:21](#)):

And I just worked like that for ever really, until I met Samantha, who was Samantha silo, when you met him, she was so we have a really interesting story. You've heard it from, I don't know if Todd told you, so this is awesome. This is awesome. So after I left the troopers, I, my, my son's at 2 cents, Isaac and Steven, they're all grown up now, you know? And they're launched, yes, this is just awesome. Right. You know what I'm talking about? Like they're going to make it right. And now we're friends, which is really cool. So anyway, I was back at, and I had moved back to my hometown to be with the boys, which is just awful, going back to your hometown, after everything I've gone through, it's just like, ah, but I was teaching sailing there, where's your hometown Seward, Alaska.

Jesse Osborn ([00:34:10](#)):

And I'd call it my hometown. I spent probably the biggest piece of my life in one place. That would be it. And so anyway, I was teaching sailing and I really wanted to do something big and they didn't live in a very good environment without getting into it. I wanted to extract them. I wanted to take them away from that place and I wanted to show them the world. And so I said, I was trying to come up with something and I'm teaching sailing. And I read this book called north end of the night by Alvis Simon, great book. And he talks about going up into the high Arctic and freezing in his boat for a winter in a place called Tay bay. And as fascinating story in his book is very honest. And I loved that about his book because he talked about his failures too.

Jesse Osborn ([00:34:52](#)):

And so I learned about this place called the Northwest passage. And I said, oh wow, this is amazing. Like at the time I read that book, there was like 150 people that had ever gone through the Northwest passage. Well, that's for me, that's what I'm doing because I had a big, big gesture. Right. This is all back to that email, right? Like, oh yeah, I'm going. So I have my boat, same boat that I'd had in Southeast Alaska huge boat. I bought too big of a boat for, to learn on really, but I learned a lot. And so I set this I was talking with one of my sailing students and the guy said, so yeah, I'm going to sail the Northwest passage. And this student of mine asked me a very important question. He said, when are you going? No, it's like, I thought about 30 seconds.

Jesse Osborn ([00:35:41](#)):

And I go, ah, I'll probably need two years to get ready for this. It was 2011. I said, 2013, I'm going to 20, 20 13. But no, no, I'm sorry. I said, I'd go in 2012. Right. So I actually ended up going in 2013 kind of. So, so that was it. I had announced it. Right? So by God, everything from that point on was like paying my bills, child support, all the stuff I had to handle. I lived in a 30 foot beer van. It said Budweiser on the side, I built a 10 foot apartment in the front of it. The last 20 feet was a shop with a work bench. And I

started building parts for my boat and going for it in 20, I had, I had a real job. I was working as a mechanic on a north slope and, and a driving track up there and whatnot.

Jesse Osborn ([00:36:28](#)):

And so I was making money, but it was all going towards the project and people didn't get it, you know, at a \$300 pickup truck, they called it the mashed potato, you know, like the stick, it was stick shift and a stick shift and come right out of the transmission. Like this thing was, you know, it was legal and that was about it. So anyway the story about how I met Sam actually happens in the Northwest passage. So in 2012, I sold my boat from Seward to Kodiak 250 miles away. I was out of money, went to the top of the dock. I had enough to pay for a month worth of mortgage. And they said, who's hiring the harbor master came down and said, well, I got three of wood in my yard. You could split. And I was like, he's like, he's like, what do you want?

Jesse Osborn ([00:37:09](#)):

And I'm like, buy me a ticket to the north slope. So I split these cords of wood and stacked it. He bought me a flight to the north slope and I went back to work 2013. I came back and sailed up into the Northwest passage. So the Northwest passage would be I left Kodiak island, went up to a place called false pass on the route of the Aleutian chain all the way up to the Bering sea. We stopped in Nome. And my younger son did that leg with me from Kodiak to Nome Stephen, and then kind of switched crews. I had a hodgepodge group of friends and people that also wanted to go. And then my oldest son, Isaac and I, and kind of a different crew, went up you know, around, we went around the Alaska peninsula and up over you know, north of Barrow and sailed the Arctic coast all the way up into Canada.

Jesse Osborn ([00:38:01](#)):

And I decided to stop the boat there that year. I had a big, bad, really bad leak in my rudder post develop. And the crew was kind of discombobulated because we'd gotten a hold of some internet along the way and half, and we're going to get a divorce and all this kind of stuff. I said, okay, we're stopping. Well, I'd already made this choice to stop. So we're sailing into a place called Cambridge bay. Unbeknownst to me, there's an airplane flying above a turbine beaver on Bush wheels that was being flown by Samantha. She's a commercial pilot. And Samantha was flying in the high Arctic doing surveys. And she was serving, muskox see, she was on a contract working for a company. So it was her. And there was a biologist that was flying with her and they would fly with, they called transects and they just basically like mowing your lawn. They do a grid and count the muskox and turn into reports and everything like that. So she was, she did all this high Arctic flying and landing on skis and floats and stuff and super remote diamond mines. And she has all sorts of cool stories. Wow. So she was as a.

Warwick Schiller ([00:39:05](#)):

You two are a pair of adventurers aren't you?

Jesse Osborn ([00:39:07](#)):

Oh man. Well, I like it. And that, if you want to find your partner, go, go to the place where you would find someone else like you. Yeah. And, and which the total accident. And in full honesty, I was dating a girl at the time, but it was just another mediocre relationship. So I had to make a really awkward phone call when I met Sam Wilson. Okay. I think it was silent up there. She's flying around, over here.

Jesse Osborn ([00:39:32](#)):

She saw my boat. So she flew over the boat. It was tied to the dock. We met within hours and my buddy, Jason, who was along with me, he actually met hers. Oh yeah. You gotta meet, you gotta meet the cavity. You gotta meet Jessie. And so we met and then our first date was sailing. Pardon me?

Jesse Osborn ([00:39:53](#)):

Our first, like what you would call a date was sailing around on our little sailing tender. And there was all the wreck of this boat called the mod. And it was an old Arctic, a sailing ship that was owned by a guy named a world Amundson. And he'd, he was the first guy to go through the Northwest passage and I'd studied him. So her and I sailed out there and we sailed around and, and I was fascinated by her because it was the first, she was the first person I met where it wasn't just like a physical attraction. I was like, oh, you can hang. Like, this is someone I want to get to know. Like, I want this person in my life. Right. Of her own volition. Her own skills are on track. She was already doing what she wanted to do with her life.

Jesse Osborn ([00:40:37](#)):

And so we met and I was very Frank with her. I was like, what would it take to be in a relationship with you? And she says, honestly, marriage. And she thought she would run me off. But I was, it was just the opposite because I had been back-to-back relationships versus kind of, we'll see how it goes. We'll have a good run, you know? And so that was like music to my ears. I was like, oh right. You know? And so the next year her and I came back, course, we had the border to overcome for getting married, but I gave her, I, I bless her. She's Canadian. She's Canadian. Yeah. So that was trick, you know, the whole nother story. But anyways, so that the next year her and I just her and I sailed from Cambridge bay out the Northwest passage, which was extremely difficult. It was one of the worst ice years in the last 50 years is what the level,

Warwick Schiller ([00:41:29](#)):

Oh, that's, what's going to ask you what time of the year did you sell up there? You to make those,

Jesse Osborn ([00:41:33](#)):

That passage between July and September, September historically is that most ice-free month of the year. But in the years that we went, it never quote unquote opened up. You're basically like leaping from Lily pad to Lily pad of open water, trying not to get run over by the trucks. If you think about Frogger, I know I used some old school video game references. So Northwest passage is just like Frogger. You jumped from open water to open water. And now the trucks and cars and alligators, that's different types of ice that move in different ways. And so that's exactly how that works. So her and I made it to Greenland though. And we were the 208th boat in history to make it through the Northwest passage that includes icebreakers and cutters and everything. It was really a massive undertaking. Just awesome.

Warwick Schiller ([00:42:26](#)):

Wow. That's a crazy story.

Jesse Osborn ([00:42:28](#)):

It was awesome. Yeah. I got all sorts of crazy, but I got a terabyte of footage about the stuff, but people like, oh, what was it like to sell the Northwest passage? I'm like, I have no idea. It was like one foot in front of the other man and wobbly, you know, we'd make all these rules for ourselves. Like, okay, we're not going to hit any ice, you know? And then like 20 minutes later, okay. Ram pieces of ice that are

smaller than the boat and try to get them out of the way. Like there's no manual for that. You just have to like figure it out. And thankfully Empiricus I chose, well, she's really tough, really tough. So we were on a good boat.

Warwick Schiller ([00:43:07](#)):

Wow. that's crazy. It's a crazy story.

Jesse Osborn ([00:43:13](#)):

It was crazy. And it was also awesome. Yeah.

Warwick Schiller ([00:43:17](#)):

And so, okay. So you've met same there. You guys want to get married then, then, then where do you get? You know,

Jesse Osborn ([00:43:24](#)):

We went to we got to Greenland, we made land hall in Greenland and then Samantha had to fly out right away to make the appointment for our, the mail order bride visa we were using to get married. And I stayed there in negotiated. Some would do a lot of with a lot of bartering. So I negotiated some bartering to keep the, the the Bessel stored in Greenland for the winter, because it was going to be really expensive. I did some diving and re repaired some railroad track at the at the ship lift was the trade.

Warwick Schiller ([00:43:55](#)):

Okay. Stop there for a second. Cause you mentioned diving with the troop is as well. Yeah. So you, so you scuba dive in, in ice cold water.

Jesse Osborn ([00:44:08](#)):

Yeah. I usually use a dry suit though. It does. It's not as bad as it sounds just in the face region.

Warwick Schiller ([00:44:13](#)):

There's your face cold.

Jesse Osborn ([00:44:16](#)):

Yeah. You're facing your fingertips, but if you have the right equipment it's, it's not bad. It sounds bad, but it's not.

Warwick Schiller ([00:44:22](#)):

Wow. Sounds well. You know, I'll have got no experience, but slightly more than most people because I take ice bouts and what's cold. The water where you're diving in,

Jesse Osborn ([00:44:33](#)):

In Greenland, it was extraordinarily cold because it was actually I saturated. So there was ice in the Harbor. We had to look out for while I was diving, but it was, it was shallow. But the problem there is there's something called high line where you get the salt water starts blending with fresh water. And

what happens is that the ice melts you know, the fresh water is a little bit less dense than salt water. And so it lays in a thin layer on top. And that's the coldest water because that's the fresh water that's come off of the ice. And then you have a visibility issue where the two blended almost looks like it's hard to describe, it's not bubbles, but it bends the light at different rates. Right. And so we had a visibility issue you had to get below. So that those particular dives were, you know, 30, 34 degree water temperature and that's brutal cold. It's awful. You have to be working a lot.

Warwick Schiller ([00:45:29](#)):

34 Fahrenheit Fahrenheit. So one or two degrees Celsius. Yeah. Cold that's called diving. He actually had my ice bath down to that cold. Yeah. Once it's been on gold.

Jesse Osborn ([00:45:43](#)):

Yeah. You do. You go about your business and you get out. And, but so Samantha would be in the support vessel, which had the hydraulic equipment that I was using to cut the railroad track. And we had a cooler full of hot water. Oh, hang on. Sorry.

Warwick Schiller ([00:45:56](#)):

Let's back up a bit. When you said you did this job and you were diving and then you were cutting this railroad track. I thought there were two different jobs.

Jesse Osborn ([00:46:03](#)):

This, so this isn't in the troopers. This is in yeah.

Warwick Schiller ([00:46:06](#)):

I know the railroad track doing under the, under the ice cold water

Jesse Osborn ([00:46:10](#)):

In a world war II, the army Corps of engineers built a what's called a railways. They basically, you know, the Greenland had a bunch of chemicals that we wanted for the development of aluminum. And so we said, Hey, we'll put military bases on Greenland. So we did. And those remained, but they're now in private ownership. So this is a us built military shipyard and how you would haul a big ship out and how they still do in Greenland. And some places around the world, as you have railroad tracks, laid underwater on a very gradual angle. And then you basically send a car down with, you know, some supports on it. And then you adjust those supports as the boat is floating, you know, you adjust it and then you pull the car up with the boat tied off. And then

Warwick Schiller ([00:46:55](#)):

You know, just like get like, like on a boat, like a boat on a boat trailer comes out. Really? Yeah. Yeah. It's like a trailer on railroad tracks. Exactly. Okay. I was thinking that was actually trained in this place and that was thinking ahead of the tracks. [inaudible] Gotcha. Yeah.

Jesse Osborn ([00:47:09](#)):

So that was, that was cool. And you know, it was interesting. We did, I didn't have much for money because it all, it all went to that. And I think that that was one of the best things about that whole journey through the Northwest passage and Greenland and everything is that there's something in the



air about, about sailing that I'd really like to dispel. And one of them is just that is that you have to have a truck load of money. And there's something that can be very off putting about like kind of, but not a prudish thing, but definitely like a click kind of thing. The thing that just involves money, the whole I'll just say yacht club kind of sums it up. Some yacht clubs are cool, but I know what that means. Yep. Yep. And we didn't have much money. And that was actually one of the best things.

Jesse Osborn ([00:47:58](#)):

You know, when I showed up at the dock in Cambridge bay sky comes up to people trying to sell me stuff and I'm like, look, I don't have any money, you know, but you know, maybe, maybe I can help you out if you help me out. So this guy loans us, his car and I'm in his basement. And my buddy, Jason and I are, are doing plumbing in his space mix. He didn't know how to do any plumbing or not. And then like I'm using this internet, we're painting the kitchen, you know? And and we were friends, but it was also an equitable trade. We had something to offer. So I developed relationships based on this model mutual, you know, like is like we ended up babysitting the guy's kid and he'd stayed in that on a boat. We watched cartoons. It was weird, you know, but that's the village, you know, the communities raised kids in the village.

Jesse Osborn ([00:48:43](#)):

And so then the next year when Samantha and I come back, we're in a completely different town in, and his friends got ahold of us there met us in this completely different village. And Sam got invited to a baby shower or a like a wedding party. And I got, oh, quick, I got to tell you this really great story. Cause this kind of sums up the kind of unique relationships that you get when you maybe don't have money, but you put your best foot forward and you just meet the cool as people. There's a 96 year old woman in a place called [inaudible] that her granddaughter we'd met her through these mutual friends and we'd go to and do talks at schools. And so I met this lady. She barely spoke any English and she's on this four Wheeler. And I would go to the dump to get parts because in the Arctic there's no hardware store, but also nothing gets shipped out.

Jesse Osborn ([00:49:38](#)):

So there's cars and pumps and everything that breaks goes to the dump and it's kind of stored there. Right. So it's kind of nasty, but there's also a lot of good hardware there. Right. So I love, I got fascinated with these Arctic dumps because they're just so cool. And I get some footage of them, you know, and maybe grab some parts I needed. There's this cool. So here's this 96 year old one. And she was born in an igloo and she is on Facebook. One generation talk about adaptable, man. So I say, Hey, can I, would you give me a ride to the dump? You know? And she looks at me like, why would you want to go to the D just scornful? You know, like you know, and then she kind of shakes her like, all right. You know, I was like, all right.

Jesse Osborn ([00:50:24](#)):

So I jumped on the back of this. Lady's four Wheeler and she, her foot is like, cobbled up. She can barely shift and she's reaching for the shifter and she's trying over and over anyway, you want me to shift? And she just nods. Cause she can't really speak much English. And I go, what gear do you want? What does she speak to? She is an Institute. So it's an Intuit language. Okay. Yep. And so she holds up three fingers, right? So I reached down, I go click, click, click. And she drops the hammer. We're on like a, we're on like a, I don't know what a four 50 or 500 boarders are, or sorry, a Honda. And she just walk. I thought, we're going to flip. We're going around the little grocery store in town. I swear, we're on two wheels, man.

Jesse Osborn ([00:51:08](#)):

And we're just getting it. And it's a dump employer acts like seven miles away. And where does hammer down? So here it was, it was, must've been in July. It was late July and we're doing like 50 and kind of squirreling around on the, on the road, you know, like this, she's got it buried and it starts snowing. Cause it snows every month at a year in the Arctic, it starts snowing, but it's gravel road and the snow starts kicking up on her face and her glasses and she keeps the throttle buried and she takes her glasses off hands. And to me puts her hand right back on, just walk and I'm on the back of this thing and I'm called man. Like, I'm like, this place is so good for me because I thought I was tough, but I'm not, this lady is a hundred, almost a hundred, you know?

Jesse Osborn ([00:51:54](#)):

Yeah. So that just puts in perspective. Those are the kinds of people that you meet when you asked to go to the dump and you make relationships with someone that's a hundred years old, you know, her daughter showed us was her daughter or granddaughter. So that's where her parents were born and took us out to these tent circles with a rock swell lined up. And like these are experiences that, that you only get through true relationships, you know, and that exchange like that bartering system, or just being part of the community, going, talking to the schools, plant football. But the kids that was the best thing about that whole trip was stories. Just like that. It was awesome. That's amazing. Yeah. Well how's this,

Warwick Schiller ([00:52:37](#)):

It's a lot to take in right there. I can just see her. She kind of, she sounds like some of the, some of the old Mongolians Tyler and I met.

Jesse Osborn ([00:52:44](#)):

Oh, I bet. Very similar. Yeah. Real cohesive family. Yeah. And adaptable people.

Warwick Schiller ([00:52:53](#)):

Very, yeah. Very, very adaptable. And, and yeah, it's probably similar up there, but you know, in those climates like that are the very, you know, splittable like the in Mongolia, the nomads did not lock them

Jesse Osborn ([00:53:06](#)):

Houses. Yeah. It'd be similar. And if you've left it

Warwick Schiller ([00:53:12](#)):

And someone comes by, they're allowed to come in your house and think what's on the stove or whatever. And they don't knock you don't, you don't, you don't knock, you just walk in, you just open the door and, and yeah. And walk in. Yeah. That's yeah. That's pretty amazing. So where'd you guys, where'd you guys go from there? I mean, cause you're still not professional salaries yet. You're, you're silent for yourself.

Jesse Osborn ([00:53:32](#)):

Yeah, exactly. Besides teaching the ASA courses, which, you know, it's not that hard to get that kind of a credential. We, we sailed from there to Greenland. And then the next year we came back to get the boat from Greenland and we met this big steel boat and it was a family that also wanted to go through the

Northwest passage. And so we traded charts with them. They were an American family. We traded charts and gave him some advice, the things that we had learned and things like that. And we were continuing on to Iceland and they were going the other way. So we sailed down the west coast to Greenland through a place called prince Christian sound. Super cool. It's kind of like the Strait of Magellan of Greenland. Okay. And it's tough to get through there, but we got through, we made it the way across to Iceland and we hauled the boat out there with the crane, hauling the boat when there's no boat, yard is always really interesting.

Jesse Osborn ([00:54:23](#)):

You have to get creative. So twice we hauled the boat with a crane. And that's kind of a whole nother story, but it's kinda, it's a fun process. So we hauled the boat there. And then we flew back to Seward where we live. Cause that's where my boys were and we decided to be where they were, because I couldn't really extract them and take them with me. You know, that just, there's too many things to compete against. Okay. Slow down for a second. Where are you right now? Well, we left the boat in Greenland and we went back to Seward Seward, Alaska.

Warwick Schiller ([00:54:54](#)):

Oh, the way back there. Okay. Cause I've just, I've just got a map up here on the computer and we realized that Greenland is basically above

Jesse Osborn ([00:55:03](#)):

The very east coast of Canada

Warwick Schiller ([00:55:08](#)):

And Alaska is on the, so basically have sailed halfway around the world through our stuff. So you're going up over through, but if it's a Northwest passage, is it basically above Hudson valley then? Oh, way above. Yeah. It's that far over. And when you were talking, I'm thinking you're still up cruising around the top of Alaska. You okay. You've sailed halfway around the world through eyes. Yeah.

Jesse Osborn ([00:55:32](#)):

By longitude. Yeah. And wow. And there's so many micro stories in there. I don't want to just be like, oh yeah. Then we did this. And then we did that. Cause I love this. I I'm loving and I hope we have time to get to this comparison between the horses. Oh. And this sailing so good. But so yeah, that's what we did. And, and there's a, there's a point on there if you're looking at the chart or Google earth or something, if you type in oh gosh, why can I think of it right now? It's not Kate Bathurst. Oh, there's some narrows. I, when I think of something and I can't think of the name, but basically it's the Northern most point in north America. And it'll come to me in a minute and I'll tell you that. But anyways, we had to go through a really narrow spot because the Northwest passage didn't open up that year.

Jesse Osborn ([00:56:20](#)):

And it's basically kind of a river that runs above just above the Northern most point in north America that you can sneak through. Bellet straight is the name of the place ballot and named after one of the early explorers spell it. So we made is that between the top of the U S in Greenland, it'd be the top of north America and the next like archipelago I'd probably have to give you some coordinates, but Bella Strait was really brutal. And we had a lot of heavy, heavy ice contact. There's a lot of current there and

big multi-year ice. That was probably the most challenging section. And we ended up about 74 north latitude, 74 degrees north is about as far as we went north. But we came back to Alaska to answer your question, but came back to Alaska. And then we did a short stint where Samantha was flying she's she's is still a commercial pilot, but she doesn't actually fly anymore.

Jesse Osborn ([00:57:22](#)):

But she had given her word that she would do a contract in Indonesia. So we spent about two or three months in Indonesia and she was flying a Darnay over there for a company called Susi air. So we spent some time there. And then when we came back from there we came back to Seward and we met those folks who we traded the charts with in their big steel boat. And they offered to sell us their boat. And we decided since we were in Seward where the boys were that we would run a charter boat, a sailing charter boat. So that was a 65 foot Bruce Roberts cutter, which just basically means a giant money eater. And we we fixed it up and painted it up and, and built a website and did a pretty high end charters out of resurrection bay.

Jesse Osborn ([00:58:10](#)):

But we decided it wasn't, it wasn't for us, that was a lifestyle business, but it lacked the exploring. Did you know, it's an Ireland right now. Okay. And we're going to go bring some life into, it's pretty beat up from all the ice and everything, but it's in a place where we can keep it affordably. And when this COVID craziness is over, we'll go resuscitate it and do something with it. But yeah. So anyways, we were in that for a few years and then our business developed into a boat watch business where we took, took care of other people's boats for them. And I did whatever jobs I had to when we got back to see what I worked at the cannery I did whatever I had to. And anyways, we, we ended up picking up the, the client that we have now in our boat watch.

Jesse Osborn ([00:58:56](#)):

And he wanted a bunch of boat work done, and we'd become a dealer for engines and stuff. And so I put a new engine in the boat and one thing led to another and he wanted the whole thing rebuilt. And we took it to Washington to do that. Cause it's just a better place to rebuild a boat. And we spent two and a half years rebuilding it. And I upgraded my license to it, a globally recognized all oceans license. And now we have this contract and it all sounds very simple. There's about 10,000 steps in between. Of course I can imagine, but let's say in this contract now, and so how much time

Warwick Schiller ([00:59:36](#)):

Were you guys in Hawaii right now? I said that in the intro and where you're going to go somewhere where you need to leave Hawaii in a week or so, whenever that is when your sales get repaired

Jesse Osborn ([00:59:47](#)):

Where do you make landfall next? Well, our plan was to go to Australia, but it's closed because he wanted to race the Sydney Hobart. So we're just going to, yeah, that's the next he has bucket list of races. So we raised the Transpac. He wants to raise the Sydney Hobart. He wants to raise the Fastnet in Europe and he wants to go around Cape horn. The races, I, you know, personally Cape horn is the most exciting thing for me. I'm really, really excited about, about sailing Cape horn, you know? And so we're just going to go back to the west coast then, and then we're going to go down to Mexico for the winter and then we'll assess in the spring, but likely we'll just go from there, down around Cape horn in an up to Ireland and race, the facet, and then maybe we'll race, the Sydney Hobart on when we come around

through, through the backside, back towards north America, the Fastnet where's it from and two and a half.

Jesse Osborn ([01:00:44](#)):

How long is it? You know, that's a good question. It's, it's out of Ireland, but they have changed the ports. And I haven't researched in that, in those details. I just know it's over there on Ireland. I think it leaves some core, but I have to stand up. It's like a two and a half day race work and that I'd be, I'd be making it, that I have to look into it. Cause I'm not sure where the finish line is. That's so far down the road. I'm like, whatever, when we get there, you know, there's, there's, if you're going to plan well for the present, you know, it's kind of like the focus is fuzzy or on something like that. And my edges are, are really crisp. I'm going back across the Pacific right now. That's kind of how I,

Warwick Schiller ([01:01:27](#)):

Yeah, no, I was just, you know, like if you're going to raise the Sydney Hobart, you know, that one's pretty simple. It starts in Sydney and ends in Hobart, you know? Yeah, exactly. And this other one, I thought you might know where it's done.

Jesse Osborn ([01:01:36](#)):

It's more, it finishes. Yeah. It starts the fast it goes to the net. It just doesn't work like that. I'm not, I'm not sure it's a really infamous race. It's hard to get into this like 600 boats in that race. And there was a huge storm in that race one year that unfortunately a lot of people were lost and I almost think that that's the appeal to it now because yeah. It's super popular. It's interesting deal. Yeah.

Warwick Schiller ([01:02:00](#)):

Yeah, that the seas down there can get kind of crazy like that one year they had that big storm, but a Cape horn, like Cape horn is the don't they call it the Cape of storms or something, right?

Jesse Osborn ([01:02:11](#)):

Yeah. I mean there's no, unlike the, the Northern Arctic, there's nothing in the way. There's no break water. So the storm systems just wrap the globe over and over and over and over. Yeah. Really excited about it.

Warwick Schiller ([01:02:27](#)):

You didn't have to Dodge any icebergs in the car.

Jesse Osborn ([01:02:31](#)):

Well, if you go too far south, you would, but I really liked it. I'd really let you know. You're so close to Antarctica and that'd be a great opportunity to go to Antarctica at the same time. So I'm working, I'm working on a owner.

Warwick Schiller ([01:02:45](#)):

Is there something similar, like the Northwest passage in an octagon?

Jesse Osborn ([01:02:50](#)):

No, there's no people, that's the only bummer, but, but, but this Antarctica and it just be cool to go there and land, you know, there's some old whaling stations and stuff like that, but there's no, it's only scientists down there. I think that's the only bummer about it, but, but Hey, it's a different place, right? Like, yeah. So there's a, you can go there, but there's no like inside passage or anything, we would just go there and probably get out of there, you know, try not to get clobbered by too many storms.

Warwick Schiller ([01:03:17](#)):

Right. Interesting. So what a, what an amazing life you've lived from it. So tell me about the dog training when you were, when you were a trooper how did you get into the dog training? We, you kind of an animal guy before that, or was it part of the job?

Jesse Osborn ([01:03:37](#)):

No, actually I was a real go getter and I liked it. You know, we had pet

Warwick Schiller ([01:03:41](#)):

Real good, get a figure that, or right compensation. There's not much slows you down.

Jesse Osborn ([01:03:47](#)):

Well, I was, I, you know, my Lieutenant was awesome. He was a great dude and you know, they put me on an assignment and I would just, I would just go for it. And so I ended up with a lot of really crummy cases because of that, because you know, you use the right tool for the job. And and I, I, you know, I'm 44. Now you can look at my face. Like people can't see my face, but I look like a child. And when I was, it was not a wrinkle on this guy's face when I was 24, I really looked like a child. And, but I was also a state champion wrestler. So I knew how to handle myself. So there was a certain aspect of people that just couldn't stand me, you know, get some guy that's been to war and he's got four beers in him and he's knocked his wife around and I tell him he's going to jail. Like it's going to be a fight, you know? And so there was a dog that was a problem dog. And he was a little Belgian Malinois, and I think this dog had a legitimate, I'm not being too hippy. Debbie here. He had legitimate PTSD that he responded to through aggressive behavior.

Warwick Schiller ([01:04:58](#)):

Yes. Can we just pause here for a second? This is the journey on podcast. This is the home of hippie DPRK. So, you know, we talk about past lives, astral progression, astral projection, you know, out of body experiences, like a dog story is not going to

Jesse Osborn ([01:05:17](#)):

Scare me off. So I think he had PTSD. I don't know where it came from. You know, a lot of these dogs get bred like in puppy mills and they get selected from thousands of other dogs for all sorts of uses from like military and style training to, to police work. And and there's, there's varying degrees. And, and what kind of departments use, what type of dogs too? And we taught our dogs through. I don't even know how much I should get into it. Well, I can get into it in good conscience. I don't like to give away the secrets that might get a dog or a handler hurt on. Please do not do that. But you teach the dog through training to make its own decision based on what you have taught it. So you leave a large amount of what happens up to the dog, and that's only as good as you spent training the dog.



Jesse Osborn ([01:06:15](#)):

But anyways, so I got this dog that was a real problem dog. And he and I got along fine. I'm totally fine. I could climb in his kennel with him. And he was fine. This is a Belgian. Malinois is about a 65 pound dog. And he was an absolute hammer. He, you know, he would be an agitator wearing a hidden slave. He'd hit them at 30 miles an hour with 600 PSI bite pressure. And you wouldn't even hear him coming. He was just he was an amazing animal, but something was messed up in his head and he had already bitten a couple of other handlers, pretty bad, like for no reason, just out of nowhere. And it happened, happened to me too. And this, this was a bummer, you know, like things were not good. My, my ex wife made a lot of problems for me when, when everything went down.

Jesse Osborn ([01:07:06](#)):

But the one thing that she did not ask for, and she did not have coming was that, that dog bit, her and I always felt bad about that. A bitter bitter for no reason, she didn't do anything. So it wasn't doing anything wrong. This was the dog the department had given me and they chose me because they thought he had a rank issue and they thought I could sort them out because I was a go getter. Right. So he was a difficult dog. They're like, well, Jessie can handle him. And I could. And you know, it was my choice to, to have him out and around a family because I was trying to, things were going really well. At some point, you have to introduce the dog to your family because it can't live in the kennel because the dog lives with you right now.

Jesse Osborn ([01:07:51](#)):

So anyways, the dog bit, her all over the hands and I grabbed the dog and threw him on the ground. And I lost my, my, actually yelling at the dog and stuff. And then the dog of course, response to what I'm doing. And they could see the scar on my forearm. He punched, punched through all the, all the muscle layers on my forearm. And I was able to get him into the car and lock him. And I never saw the dog again was fine, but they gave me a new dog and right in there was when our divorce ensued. So, you know, law enforcement asks a lot of people and it is not easy on families. And most of the cops that I knew that were married before they became a cop, did not stay married, but they would end up marrying like a dispatcher or an EMT or something like that in that group of people that have seen a lot of ugly things. And you can, you can share the ugliness of the world that you see with them without like destroying their right, their view of the world and happiness. So that's a whole nother topic, but, but I felt bad about that. Her hands got bit up and she healed up. Okay. And I eventually healed up. Okay. And they should be a new dog and he was awesome. His name was choo choo sta, which means leader in Kodiak alley. Yeah, it was cool. So tell me about that.

Warwick Schiller ([01:09:18](#)):

How where'd the horses come in? Yeah, so

Jesse Osborn ([01:09:24](#)):

I had almost no experience with horses. We lived on a ranch for a year in Oregon when I was a kid. We'd read the milk cow and that's about all I knew. And I thought it would be cool to have a horse when I was a kid. And I got a dirt bike instead, cause in Alaska would be pretty tough, but Samantha is an unstoppable horse force. Okay. Yeah. And so when we met, I actually asked her about horse cause she was talking about horses all the time and I was kind of concerned cause I was like, I'm thinking, okay, Sam and I are together and we go on the ocean, how's the horse things, just not going to work. So I actually brought it up early and she goes, you know, I've had a couple of horses, like it's a new time in

my life. And she was totally lying to herself. You know? She's like, yeah, exactly. Right. I don't even need to finish my sentence. Right. So, so anyway,

Warwick Schiller ([01:10:13](#)):

When we were in Seward,

Jesse Osborn ([01:10:16](#)):

I got a couple good horror stories for you that show you how I came on board when we were in Seward and we're running the charter boat. She just really wanted to have horses back in her life. And there was this guy who had a couple of Fjord pack horses. They hadn't done anything in like five or six years, nothing. They're just in their round pen. So she takes me over him. All I have in my head is doc training. Right? Like this completely different, the thought process in training, some of it's similar like timing and things like that. Of course. But I don't know how a horse thinks. Right. Or it didn't tell you. So so we would go riding and I got on the horse, you know, and it's like, all right, tell me what to do. You know? And we did some round pen work and some lunging and stuff.

Jesse Osborn ([01:11:00](#)):

I'm like, all right, cool. And I'm a fabricator like welding and stuff. It's one of the things I really enjoy. So I'm really interested in like the shoeing and you know, blacksmiths stuff. Cool. You know, I'll find my niche in here somewhere because I want to back Samantha. Right? Like she, she backs me. If you're going to be a team, you gotta be there for each other a hundred percent. You know? So I'm like, all right, how can I find my niche in this horse world? Well, ultimately like we love doing everything together. I don't want any time away from my wife. Like, so it took so long to find her like, why would I want to have time away? So I'm on this horse and we did a couple of rides and sometimes it went well, but it was so intermittent. We go do like a charter.

Jesse Osborn ([01:11:39](#)):

It'd be like a month. And we come back and we have two hours because you know, we have to, we're fixing boats on the side just to pay for the boat. We're basically subsidizing people's vacations on our boat at this point. And and so this one day we get on a horse and I'm just, I just wasn't feeling, I wasn't happy about being there. And that was like, oh, I was like, Sam, I'm just going to get off. I'm just going to go up and walk the horse, all that fewer doors want to do is eat. I mean, all it want to do is eat. And I was, I hadn't, it knew that it was in total control. You know, it's like duck got it to some, a rookie and it knows it. So I got off and I was like, you know what?

Jesse Osborn ([01:12:17](#)):

I'm just going to walk this horse around and just like show it where to go. You know? So I reverted to what I knew about like dog training, right? Wrong answer, work. This was bad. So I'm like, yeah, now we're going this way. Now we're going that way. And it could tell that I wasn't happy. I didn't want to be there. And it was like, the horse started running. It said, oh, you want to run? I'll run. So I'm like running and I try to get to stop. And I pulled on the lead rope. And I remember seeing this, this flash of a hoof, right. My face, I could like feel the wind off this hook. And then I heard this crunching and felt this God awful pain, like, like a tiny freight train going 40 miles an hour, crushing me in the ribs. And I just kicked me right off the end of the lead rep.

Jesse Osborn ([01:13:01](#)):

Like, bam, I landed on the ground. I wasn't even sure if I was gonna be able to breathe. And I breathe in. And the first thing I said on that first breath, I hate horses. I was so mad. I was like, I was so worried, worked because we're starting this business. Right. We had this massive amount of debt and I was worried about the bill besides the injury. I was like, I have to work with my body and I'm laying there and we call the ambulance because I didn't know if I had a punctured lung and I'm actually having a discussion with ambulance crew. Like how much is this going to cost? If you guys give me a ride, see my car's like two miles away. Can I walk there? So finally I get the ride and I'm just like, I'm worried about math the whole time, you know? And I should just be worried if my lungs budge. So anyways, it didn't actually break, it cracked a rubber tube, but it didn't like, you know, splint or anything, which I was thankful for. And I had to work the next day. It was awful. So I was mad about the horses and, but Sam persisted and was like, I just want a horse. I'm like, all right, all I want to do is learn how to handle them safe. This was my only goal. I am I going too much of a monologue because it's

Warwick Schiller ([01:14:14](#)):

No, I'm, I'm, I'm listening. I'm listening.

Jesse Osborn ([01:14:18](#)):

So we moved, we we knew we were going to move to Washington. We're like, you know what, we're leaving Seward, Stephen, Stephen was coming with us and, and helping him buy a little piece of property. And I was, we leaving Seward, my son, Isaac was on his own, but like, we've been here long enough. We're going to sell the charter boat and go. And so we actually took a trip when we went down to Varian Arabians. And in Samantha, there was this little horse and she'd got, she'd gotten some money from her grandparents. And she's like, I'd love to buy this little horse. And he was a problem horse, you know, but nice little horse. And he was nice. I was like, all right, great. So she buys this horse. We hadn't even moved yet. And it was the next year before we got down to Washington, we could actually take delivery and get the horses.

Jesse Osborn ([01:15:02](#)):

So she had her horse and we had our, our garage and a camper and a round pen. And she starts working with him and doing all this stuff. And this was about the time she discovered your, your videos. And she started talking about it and I was a little bit disgruntled about getting involved the horses and the whole kick thing I hadn't forgotten about. Certainly. But I also was like, okay, I can't afford this. Like, I'm going to be around them. I need to learn more. And then she found another horse and this horse, his name was Cleo. I love Cleo. Cleo is my favorite horse. And we, and we picked up Cleo because we tried goats. And I think you guys have, might have some goats too, but we're working too much. And they were just so much trouble while we were working. It was just the goats. I sold the goats to a guy.

Warwick Schiller ([01:15:50](#)):

No, we didn't, we didn't have goats because Tyler's done some amazing planting of bushes and flowers and all sorts of stuff around here. And if we had goats, they would be eaten. So yeah, they're good. There's so much trouble.

Jesse Osborn ([01:16:05](#)):

Oh, I'm sure that'd be fun if you're there all the time or something on off, you have a petting zoo or something. But, so we got rid of the goats as a companion where like, we really need a companion for Henry, which is her little Arabian and she was making good progress with them. It was fun just to watch

an ad video or, you know, and she'd look at it. And so we go to port Angeles and we pick up this poor mayor. Who's living in a field with a goat and her feet were just pancake flat, no concavity. She had laminate episode and, and she just looked awful. Her tail had been chewed off. She had been used at brood mayor and is the place that had her just, it was bad. But the people we got her from had adopted her or bought her just to get him away from there basically.

Jesse Osborn ([01:16:53](#)):

And she was in much better shape than when, when she got really nice little family that had them, their kids were going to college, they couldn't have the horse. And so we bought Cleo and we, we brought her home. And so now we have Cleo and Henry and then were at the point where we needed to sell our charter boat and the boats in Alaska and the broker that we were using at the time wanted us to bring the boat down to Washington. So naturally I'm the guy that delivers boats between Seattle and, and Seward. I'd done that, you know, 15 times or something to the inside passage. And Sam had done it with me for four or five times. And but I had to keep working because we had all these bills to pay. And I'm the one that does the building most of the time.

Jesse Osborn ([01:17:37](#)):

So get this, Samantha gets on an airplane, flies to Alaska, puts our 65 foot boat in the water and puts a crew together. And she's bringing the boat to Seattle and I'm with the horses, how that happened. I was like, all right, this is like, this is some sort of divine intervention or just bad luck. I'm not sure which one yet, but I'd been seeing some of your videos and I'd been working really hard. Like when we got Cleo, I was like, okay. I realized early on that, there's a difference between going through the steps and like focusing on your breathing and truly letting go, because I couldn't get any progress unless I actually let go. There's no masking anything with the horse, all those coping mechanisms that had like, developed, like to get over the stuff and the troopers and stuff, that is a veneer.

Jesse Osborn ([01:18:35](#)):

And so what I started realizing was that even if I was agitated, Sam would be like, come on, come work with the horse for a little while. And like, come on, I got stepped to do, you know, like I want to ride my motorcycle or whatever, you know, I'll be like, all right, I go out there and I could not deny the fact after about four or five times of practicing that just the focus for relaxation, that's all I was working on. Cause that's what I saw you do at the expo. So I was like, I'm just gonna do that. And I want to see if I can get her to let down. And what I realized was even if it didn't work very well when I came away, I felt good because it was the only time I think I have ever made in my life.

Jesse Osborn ([01:19:18](#)):

Not to just be, I'm not a real hangout on the couch guy anyway, but to truly make room for and prioritize, letting go, I do it on the ocean when I need to sleep. I actually have a little weird like version of how I meditate, clear my mind. And I started doing that and it worked and I was like, oh cool. So I started getting something out of it. And I got more interested in, in Sam, goes to Alaska. And so I had the horses for three weeks on my own. I'm doing every pick in their feet, which I was just like, terrified. I'm not scared of a lot, but I was like, I know what this little hoof can do to me. It's bad. You haven't met the hoof before. So that was really good for me to look out for him while she was gone, because I had that, I had to kind of complete that relationship loop in order to, to be successful. And that was not going to be calling Samantha saying, you know, like whatever something happened with the horses and it didn't go

well, or one of them hurt because I did something stupid. That's not, that's not supporting her. Right. So Phil is motivated to learn more and it was great. So I don't hate horses anymore.

Warwick Schiller ([01:20:37](#)):

That's good. You know, th the thing about you know, with the horse is sometimes people are very motivated, but in order for it to work, when you're working with the horses, you have to lose the motivation. You have to lose the expectation. And, and just, you know, there's a quote, I use a lot like at clinics and stuff. And it says that, that the the most spiritual of the ancient Hindu practices, there's something called karma yoga and karma yoga is focusing on a task with no thought as to the outcome of that task. And for someone like you, who gets done, you know that, that, that outcome of the task is a lot of times in the, in the front of mind and having to, to let go of that and just be in the process. And I'm like, I mean, you can't build anything without doing that.

Warwick Schiller ([01:21:28](#)):

Like, you're doing this bit because we've got to do this bit, you know? But yeah, it really gets you to be in the moment, but there's also the other part of the very healing part of it too, too, where I'm doing the things with the horse to help the horse helps us a lot too. Yep. Yep. Even as a by-product, you know, I've talked about a lot before that a lot of people, you know, I get a lot of emails and stuff and say, Hey, on your stuff, you know, it really, not only does it help the horse, but it's, it's changed my life. And I'm different with my husband and my children, my coworkers or whatever. And for the most part, those people would not put that much effort into changing for their husband or their children or their coworkers or whatever, but it's, people are motivated to get along with the horses. And then it kind of has a bit of a knock on effect to every other part of their life. Yeah. I agree. Yeah.

Jesse Osborn ([01:22:21](#)):

A hundred percent. And actually one of the reasons why I was even interested in looking at and watching your videos with her is I saw the difference in her first

Warwick Schiller ([01:22:31](#)):

Cause she's, she's owned horses like on and off Samantha not heard of them.

Jesse Osborn ([01:22:37](#)):

Samantha, Samantha. Yeah. I saw the difference in her cause you know, that having the horses at home, this was the first time we had, she had ever kept a horse at home. And I was like, there's no reason to have a horse if we're not going to have them on our property, like, let's just do it all the way, you know? And, but I saw her the difference with her in cause she would do all the focus for relaxation. Cause she's very accomplished. She wants to get onto the horse and where she's an excellent writer, you know? And she loves that experience. But with her a little tricky Arabian Henry, that just, that just wasn't an option. She was looking for something more when she found your training. So I saw the difference in her personality was she was more calm and just more, or I could just see it was, it was positive for her and it was also positive for me.

Jesse Osborn ([01:23:22](#)):

So at first it was probably helping me more than w more than a horse, you know, they're probably like, gosh, what's this guy with the weird energy and the like, what's why is this guy always bringing his

hangups over here? But, but I found this, I actually started to relax for real. Then Cleo would start to relax and it got to be really fun. Not, not like a challenge, but a little bit of a game. Like I wonder if I can get her to let down from, from this distance or, or whatever. And I really enjoyed it. And so something really interesting happened when Sam was Sam had the boat, she was about halfway back, she's in the middle of Canada, somewhere coming down the inside passage. And Sam texted me. She said, there's just a farrier is coming by tomorrow, you know, to trim their feet.

Jesse Osborn ([01:24:12](#)):

I'm like, okay, what time do I need to be there? And she's like this time, okay, sorry, stop work, drive home, meet the farrier. Farrier shows up trims or hooves. I'm asking them about shoeing and stuff because I want to be able to do that. And they were there. They weren't shot at the time, but I was asking questions just barefoot terms. And so he's trimming them and stuff. And they're both tied up to the rounds pen, just hitched on the round pin panel while he's working with him. And I'm like 15, 20 feet away and he's all done, but he sees a little scratch on Henry's Mike what's it, the pastor or something. It was right down there by the top of the tooth. And so he's going to go get some, something to put on it. I want to say it's fear zone, but I don't want to, it's like a yellow paste.

Jesse Osborn ([01:25:01](#)):

So he was going to get this stuff and he was explaining that he's going to put it on there and we're talking about it. And we started all of a sudden talking about the county and how permitting for the county. And he had this real horror story about how his neighbor complained about his driveway. And then he ended up having to spend \$12,000 on wetland surveys. Right. And so he got, he got really mad, right? Kind of like probably I was when I got kicked, right. He got, he's got mad and Henry's like a little radar. Right? He is like, he is bright and he is Intune and he walks back and he has a finger full of this yellow stuff. He's going to put it up on, on Henry and we're talking and he's talking to his mom and he's. He's talking about this whole \$12,000.

Jesse Osborn ([01:25:45](#)):

And this is awful, absolute injustice. He comes back. He goes over to Henry. It's just going to put on his front hoof and his hand watched his hands go out. And he's talking same tone, everything. Same, same, same. Henry's just standing there, standing there. And his hand lands on that lead rope. I mean like touchdown, like a fly's feet. And as soon as that happened, Henry lost his mind. He stands up on his hind legs and he's ripping up with his head and he's pulling around Penn panel up off the ground and the pins are jangling on the round. I'm thinking he's going to break this panel loose. And the guy backs up and his eyes were all white. This is a professional, like he's trimmed Henry like 10 times. Right. And I'm like, oh. You know, like, I'm like, look, I'm like, oh yeah, Sam's not here.

Jesse Osborn ([01:26:39](#)):

Right. Like, oh man. You know, I'm just, I started listening to the story. Yeah. He's going to break his neck and all this is going to happen up to call Sam and the farrier's never going to come back and all this kind of stuff. And I was like, no, don't listen to the story. I know that enough. You know? So I walked over there and I was just like, just, I try to remember what I learned from watching you and what I'd practice Sam. And I just went and I wasn't calm, but I knew I needed to get calm. I knew I couldn't pretend calm. I needed to get, so I got as calm as I could. Three breaths is always good by the third breath, you can typically calm yourself, you know? And it's third breath. I like put my hand in the lead rope and Henry



still in the side legs. He's like a ballerina dancer up there. And I look up at him and his little black eyeball is looking right down at me with his head.

Jesse Osborn ([01:27:33](#)):

Okay. And I am like, I'm in it. You know what, if this either works or not. And he kind of comes down and lands on it. And he keeps looking at me and I just, I close my eyes and he just kind of snorted a little, kind of shook it off. And I touched his neck in a Ferris by me. Like, what the hell was that all about? You know, and everything like that. And I was like, wow, here's a professional. Horseshoer good in this job. He spends all day around horses. He's not, you know, he looks like he's fairly healthy, which is some kind of a miracle anyways, in my mind at that time. But he doesn't speak Arabian.

Jesse Osborn ([01:28:11](#)):

And I thought that was just awesome. I was like a kid. So that's when I was like, I'm in, cause now I have tools, right? Yeah. It's like, I'm in. And it's been cool for me ever since I let the horses are great, you know, and Cleo's feet are better. And you know, I went on like a 15 mile trail, 10 mile mountain trail ride with her, like up cliffs and all sorts of stuff. And she really takes care of me. It's not because I'm any good at it. She looks out for me cause we have that relationship, you know, like I'll fall off for no reason. You know? Like I have so much to learn. I squeezed with all the wrong parts of my body and I'm used to ride motorcycles. I'm a wrestler. I had this weird ingrained posture that has nothing to do with horsemanship. And she'll like, I'll be on the ground. She just, she won't go anywhere to the slip down. Like what? And then world are you doing down there? Okay. It's just been awesome.

Warwick Schiller ([01:29:02](#)):

Oh, that's amazing. Oh my goodness. Okay. Well you like all my podcast guests have been through my 20 questions that I stole from Tim Ferriss has traveled mentor's book and chosen some that you would like me to ask you and we we've possibly, you know, a lot of times, by the time we get to these, we've covered some stuff in. Yeah, Kevin, but first question you chose was what's the most worthwhile thing. You've put your time into something that changed the course of your life.

Jesse Osborn ([01:29:34](#)):

Working on my relationships with my boys, not quitting, just not quitting people told me to quit. They're like you can't deal with like the, the, the brokenness and the relationship with their mom and how toxic that was the whole thing. And the opportunity cost of being a father is extraordinarily high. Especially if you don't have a unified front, you know, and, and that happens in divorced couples, but it also happens in married couples where they have their own way. And if you have a unified front, then you can really launch, launch a person or give them the opportunity to step forward into life. But I'm so glad I didn't give up on that. And it was hard. I gave up a lot of great jobs and opportunities and sailing opportunities. And I could have actually been professionally sailing a long time ago. If you know, if you, if you look like what we talked about with my sailing career, I didn't become professional until they were both out of high school.

Jesse Osborn ([01:30:41](#)):

And there's a reason for that is because I couldn't make long-term commitments. I couldn't be on some boat. I could go for months and that's about it. And then I needed to be trying whatever my new idea was in. And it's not just because it was my responsibility. It's because I love being a dad. And even though the version I ended up getting of it, wasn't what I hoped for initially. I talked to my boys every

day and they call me because we're friends, we have a real like meat and potatoes relationship and they'll ask me for advice. And they know that if I don't know the answer, I'm not going to be SM. And just all of that, you know, we'll get a nice little texting loops where we're just messing with each other, you know, and it's just fun, you know, and I'm excited. I told him, I've told him for years, it's was like, I was like, someday, you guys are going to have some crack pot, crazy idea. And I can't wait for that call.

Warwick Schiller ([01:31:40](#)):

They're definitely I don't know if Tyler has told you a bit that he, you know, if he's graduation, when he graduated college, we had planned to backpack across India is what we were going to do. And he had then decided,

Warwick Schiller ([01:31:59](#)):

You know, I'm not sure I want to go to India. And so there was no nothing planned. And then I got the call about this, you know, this riding camels across the Gobi desert in the middle of winter thing. And so I I called him to ask him and he said he was in the library at college, like you're studying and he gets a call. And so he says to me,

Jesse Osborn ([01:32:19](#)):

Okay, so he goes outside and I said, Hey, do you want to get up? Do you want to get them on goalie or in January and Crow ride Campbell's across the Gobi desert. And he's like, sure.

Warwick Schiller ([01:32:32](#)):

So he said, he said it was surreal. I went back inside and sat down next to my friends and said

Jesse Osborn ([01:32:38](#)):

That just called and said, I'm going to ride across the guy. I was like, that's awesome.

Warwick Schiller ([01:32:48](#)):

[Inaudible] Crazy idea. Yeah. I, I, you know, when you only got one child, but you know, when they get to where they're, they're grown up and you're best friends, it's a pretty cool,

Jesse Osborn ([01:33:01](#)):

Pretty cool. Yeah. Yeah. I learned some things from them now, you know, cause you can't, you can only really be an expert in one or two things, you know, and as they kind of find their own way and start getting into things, they, they know a whole bunch of things that I don't, they're outside my scope of what I put my time and interest to. And I love it that they're finding their own thing. I'll call it a thing. Like that's not very descriptive, but I always told them when they were younger, I said, look until you have something that you're into, you're going to do my thing. And your thing is not going to be video games, just so you know. And I just made them go out there. And it was like begrudgingly, so many times on the sailboat, you know, but we did some epic trips.

Jesse Osborn ([01:33:48](#)):

We took a 250 mile trip when they were when they're five and eight. And we went around this big island on [inaudible] island. And you know, that, I didn't tell anybody where I was going. Like somebody called the coast guard on us. We were fine. It was kind of embarrassing, you know? And and anyways, you

know, I probably took 300 pictures on that trip and it was some of the most prized pictures we have. And I, and I got back to town and there were people that lived in that town and owned a sailboat for 30 years. And they'd never done that trip. You know, I was like, why it's right there? You know? So I don't regret any of that, even though it wasn't always pleasant because they'd be like, eh, you know, I don't want to go or whatever, it's looking back on it. You know,

Warwick Schiller ([01:34:35](#)):

It's funny, you said, you know, you got to get some pictures that are some of your prize possessions. You are currently recording this podcast in my son Tyler's bedroom. If you look over your left shoulder, I think it would be, there's a picture on the sitting over there. Yeah.

Jesse Osborn ([01:34:51](#)):

The one in Mongolia with the campfire, I was just with him and I talked about that. I was like, what a great shot? Like, I have something similar with, with Isaac. Like, here's you there's mountains in the background. Here's your, your candles in the background and the photographers. Excellent. Like the fire's frozen in there, you are wearing animal hides and you might as well be on the moon. And that's not even, this is not a, a, a tourist punch, a ticket experience. That is very clear. Right. And I have this picture just like that with, with Isaac and I. And where about 20 miles off shore? It was 11 miles, I think, off shore because that, that there was only a thin gap between the Northern coast of Alaska and the ice. Very thin respite was hard back. And we were sailing through this little slit, if you will.

Jesse Osborn ([01:35:50](#)):

And we found this ice flow and we tied up to it with ice screws. We tied the boat up, we got off, we had a fire and on the ice and you can collect fresh water off ice too, which is really interesting. And we took a swim, got some GoPro footage of jumping in, you know, next to this underwater with the ice was awesome. But then the best part of that was I got this picture and the polar bear thing is real. They eat people. So this is not like a joke. So I had a 12 gauge shotgun. And so here's Isaac and I were wearing this neoprene clothing and we had these beanie hats and there's a fire in the background. It's so reminiscent of this photograph of you guys. And here we are, we're standing there and we're wearing ice cleats and they're like dug in and the boats tied up to the ice in the background, and it's all there. And here, you know, here, Isaac's got this shotgun, you know what I'm standing around and with my arm around him, you know, and it click like that moment in time. It was a culmination of, of a decade of constant effort. You know, it was just so cool. Like it, I love the photographs having the evidence and like reminding yourself, you know, of like your time well spent. It's just so motivating. This is awesome. I'll send you that picture.

Warwick Schiller ([01:37:11](#)):

I'd love to see that picture actually. Yeah. Okay. Next question. What, what what book do you recommend to people? Not, not necessarily your favorite book, because you did mention a book before that, that, that inspired you to do the Northwest passage, but is there a book that you recommend to people that you say, you know, you should read this book

Jesse Osborn ([01:37:36](#)):

Yeah. Regarding sailing read your engine manual for the boat.

Warwick Schiller ([01:37:45](#)):

Did you tell that to my son?

Jesse Osborn ([01:37:47](#)):

No, not yet. I did talk to him, but he, you know, he has a brand new outboard and he's figuring it out a little bit.

Warwick Schiller ([01:37:52](#)):

Did he tell you about laying it on the wrong side of the first day he got, yeah. Yeah,

Warwick Schiller ([01:37:55](#)):

He did. Yeah. I love that. And then he hadn't read the manual and you're not supposed to lie down all the oil leaked into the cylinder. Yeah. But

Jesse Osborn ([01:38:03](#)):

Not saying that, just because of his experience, I'm saying it because I've dealt with lots of people. I love teaching people on their own boat. Cause I get to teach them all about the boat. Not just, not just a sailing thing. We have some turnkey boat. I love it. But while you're learning how to sail and control the boat safely under sail and actually make it where you need to go, not just where you want to go, you know, you're going to rely on that engine. And, and so what happens is typically people will say, yeah, let's go out sailing. And you're like, all right, great. And they're like, you know what? Don't worry if like it gets too windy, we'll just use the engine. Right. And I'm like, oh man, number one on sailboats. The engine either gets used a lot or not very much at all.

Jesse Osborn ([01:38:51](#)):

So people that never really learn how to sail this motor, the snot out of it. So it's probably worn out or it's been sitting and rotting because they didn't use the boat at all right now an active cruiser will do a fair amount of both because they Def usually have an itinerary and somebody has a plane ticket plane to catch. And so there's no wind they'll motor on flat water or whatever. But what happens in variably is the, on a sailboat, the engine rots before it wears out typically, and there's a few things that can really shut you down and cause a hard time. One of them is the fuel, right? So I try to show him, this is like your body. You know, how well are you going to sail the day? If you go eat like a moldy breakfast, going to be sick as a dog, you're not going to run well at all.

Jesse Osborn ([01:39:39](#)):

So the fuel coming in has to be clean. So a typical example of a problem like this would be somebody buys a boat and they go drive it around on flat water for two months and it's fine. And then there's some rough weather one day, cause they're getting more brave. And the rough weather stirs up all the sludge in the bottom of the tank and they suck through a fuel filter. And because air molecules are smaller than liquid molecules, air gets sucked into the fuel injection system. And it has to be re bled manually before it'll start again. But they don't realize that the battery is really crummy because the engines always started really fast for them because they only had to crank it a couple of times. But now that you're bleeding the field system, you have to crank it a little more, maybe it's dead or maybe they never use the sales and they motored all day and they didn't realize the battery was shot because they always started the engine when the boat was plugged in at the dock and they shut it off after it was plugged in.

Jesse Osborn ([01:40:39](#)):

So they just didn't know the battery was bad. So I would say, read your engine manual in everything that feeds the engine so that while you're learning how to sail, you can actually rely on engine as the backstop that it is in your mind. Cause you already think it's going to be there. And there's nothing worse than like thinking something's going to be there and be like, your backup plan is utter failure. You know what I mean? And most people's backup plan when they start sailing is, is to motor. So good. That's fine. Make sure you know how that thing works. When I deliver a sailboat from point A to point B, the first thing I do is unplug the boat and see how long the batteries will last. If I can't start the boat in the morning, then there's new batteries, right. I don't take the boat.

Jesse Osborn ([01:41:26](#)):

There's a reason for that. Like I've got stories behind all this, right? And the other thing I'll do is make sure that I've got piles of filters, which just makes the owner squirm because they're like what this many filters, yes, this many filters I'll even offer to buy them off them at the end, but they have to have them on the boat. And the next thing I'll do is I will prime the fuel system. So I'll manually suck air into the section of the, of the diesel side, start my stopwatch and time it and see how long it takes me to get the motor started after priming the fuel system. And I've got a story for that, but read your manual and make sure that you can actually fix some problems. One being priming, the system and two being that you know, that you're going to get good clean, fuel and air, and then it's actually going to run.

Warwick Schiller ([01:42:20](#)):

You know, it sounds, that sounds a lot like horsemanship, as in, you know, one of the principles of training is, is the need to know the answer before you ask the question and, and you know, you need to know that that battery is going to start again when you're not plugged into the dock. And yeah, that's, I think you, you might have a good point about, okay, the thing you think you're going to fall back on, you got to make sure that works before you need to fall back on it. And that's, you know, that's kind of like the need to know the answer before you ask the question, okay. What you probably covered this, but what accomplishment are you most proud of?

Jesse Osborn ([01:42:59](#)):

Yeah, launching, launching my boys I'd say comes into the same thing. Which question number was that? Anyways, because I took some notes. It was some things I wanted to pass on.

Warwick Schiller ([01:43:09](#)):

What question number was that one? That is question six.

Jesse Osborn ([01:43:18](#)):

Yeah. Constantly working on my relationship with my boys. Like, and just learning how to prioritize that. Gosh, it's so it's so varied. Like when I think about accomplishments now, I used to think about it like a moment in time. Like there's some mariachi band waiting for you when you're, you know, getting to the end of some journey or something like that. But I think the best, the best thing I have done in my adult life is I've really learned how to learn and really learned what that means to be teachable and how to learn and how to add humility to every lesson. And because that's put me on a rocket ship for success, really consider them they're accomplishing

Warwick Schiller ([01:44:09](#)):

Wise words. Okay. So what do you do to relieve stress? I love

Jesse Osborn ([01:44:18](#)):

To teach. So when I get, you know, we're on this boat, like what manage the boat and I run it around and stuff like that, but it's not necessarily a teaching scenario. I love it when I meet somebody and sometimes I'll meet someone on the dock or something and I have all this, I have all these hard earned lessons in me. And there's this, there's a reason behind everything that I teach somebody, especially about sailing or whatever. And you meet somebody who's enthusiastic and primed to learn and you get to pass on this really cool gift of maybe saving them from the awful hard way to learn it. And they don't even realize that like they might be launched at a decade ahead of learning everything the hard way, even if one or two things sticks. I just get a lot of gratification that maybe it maybe a D stresses me because there's a lot of purpose in that in like sharing your, sharing your failure and how to get around that failure. And I always try to share the failure with, with the reason why I'm teaching. So they understand the weight that it carries. But I love teaching. I used to coach wrestling. I loved coach and wrestling. When I taught ASA sailing courses, I loved that. So anytime I'm able to teach somebody something that I, that I legit know and I teach them to the level where I'm at, which is, you know, not necessarily mastery, but it's, I know it's going to be a boost and I love that.

Warwick Schiller ([01:45:47](#)):

That's cool because I was wondering, you know, for those of us who get to do for living, what we love, which normally would be someone else's stress relief. I was wondering what you were going to come up with as far as, you know, what does, what does someone do for stress relief? Who for a living does some other guy's stress relief, you know?

Jesse Osborn ([01:46:09](#)):

Yeah. Well, do you find that like, Hm, how do I put this? I was wondering if, cause you do what you love for a living, but you're not, you don't necessarily get to do it in exactly the same way that you would if you were just doing it for you. Right. Like it works in the framework of what pays. Cause that's what I find. I find them doing what I love, but it's not exactly what I would be doing if I just had a big fat bank account and I was going sailing. It's a little different still.

Warwick Schiller ([01:46:42](#)):

Yeah, yeah, yeah, yeah. Totally. If, if you, if you would, there's a, there's a Japanese term and it's like a Venn diagram and it's like, what? You're good at what people will pay for what you're passionate about. What's fools your purpose. And this is thing in the middle and I think it's called in it king gucky or something like that. And it's, and it's interesting because yeah. But yeah, I think anytime you add, you do it for living in there, it's not necessarily going to be exactly how you would do it otherwise. But speaking of it, speaking of it, that whatever that, that Venn diagram is, what is your true purpose in the world?

Jesse Osborn ([01:47:31](#)):

I believe that my true purpose is to display the fact, show people through action, that our lives are an absolute gift, like roundabout

Warwick Schiller ([01:47:51](#)):



Jesse, right there. That's, that's awesome.

Jesse Osborn ([01:47:54](#)):

And I, and I see people that don't get that and I'm always trying to like show him some way to see it, but it's up to them so we can enjoy that gift. And this is why my story from the troopers is so important in my life. Now it needs, people need to understand that you can enjoy that lift gift regardless of, of the onslaught or the difficulties or the terror in the world. Look like we live in America, we already won the lottery. Oh my God. You know, just, just being an Indonesia with Samantha, when she was flying, I was like, wow, that was a big lesson for me. And if I can show people, this is the point of my book too. If I can show people that, you know, here I was this young, absolutely broken man. Not, not able to see my kids or anything, strongly contemplating suicide. Like I realized work this, maybe this is a better way to say it. There is no rock bottom.

Jesse Osborn ([01:49:00](#)):

So I used to think there's only one way up from rock bottom. And now I'm like, no, there is no rock bottom. There's always a deeper level of health. My experience is true for sure. That's really bad for America. I mean, you know, there are kids who get the leg blown off you know, in a landmine when they're two and you know, or just, just all sorts of hellacious things that happen to people. So I, I give this advice from a very privileged point of view. Sure. Yeah. It was really bad. Great, but it can always be worse. And so, you know, when I, when I decided to keep living and start concentrate on the bright things, I was like, all right, at this point, like my faith and everything was shaking. And I saw, I was talking to God like Latinos, like, okay, God, I was like, I don't know.

Jesse Osborn ([01:49:51](#)):

Now if I'm, I don't know if I'm a total screw up. I don't know if I'm going to heaven or hell or whatever, but I do know this I'm alive. Thank you for my life. And I'm going to enjoy it and I'm not going to necessarily enjoy it. Like, oh, hoorah, like just go party Hardy, but there's still purpose in what's going on. Just because things were a total train wreck in my life does not mean that there was not joy to be found in it. And it didn't mean that I lacked purpose. And so like, this is just like the, this would be a good analogy, I think. And I've used this one before, talk with people I've shared this, I, this thought of mine a few times say you're a dad and you buy your kid. Like, okay. When I was a kid, my favorite toys, a dump truck at a Tonka dump truck, I think it was awesome. The end of the yellow metal, it was awesome. I had a bumper sticker on it from Jerry's rogue river jet boats in Oregon. It was cool. And I, I put my knees in that thing and I'd go roasting down our driveway and crash and stuff. And that thing just, it was awesome. I broke the window out in the back so I could put it in GI Joe Guy in there, you know, so he could drive, you know, like it was awesome.

Jesse Osborn ([01:51:09](#)):

And I really got my money's worth out of that dump truck. And and I loved it and I CA and I don't even know who got it for me, but I'm betting that they watched me play with that dump truck. And they're like, that was a good gift. You know what I mean? But I've also seen kids, usually it's just from straight up spoiling and it D it doesn't necessarily have to do with how much money they have. It has to do with how they're treated. I've seen kids open up like these unbelievable gifts and then complain that it's the wrong color or whatever, and what a slap in the face. Right. I'm not slapping. I believe in God, I'm not slapping God in the face, just because my dump truck is, it was purple or something like that. I'm in a rock that I'm going to, I'm going to ride that dump truck down a driveway, and I'm going to enjoy it.

Jesse Osborn ([01:52:02](#)):

And that really learning that was, I think the catalyst for many of the amazing things that came after, I just, I just love it. I wish I could live to be about 400. I'm just figuring out what I love. And I look at all this stuff in sailing and horses, and I'm mathematically breaking it down to, to in trying to prolong the life of my body now that I can continue to experience the things I want to experience and do the things I want to do. It's just the opportunity now that I have a little more wisdom is this way more rich, but my clock is winding down. I'm 44, so I'm not old, but I better get with the enjoyment part, man. Because like, that's why I said, thank you for your time at the beginning of this, because the time you shared with me today in the time that I shared with you, we don't get it back.

Jesse Osborn ([01:53:01](#)):

So that's why I have this motto. That's Ecclesiastes nine 10, which is a tattoo on his arm. I'm a foul mouth sailor. All right. I'm not saying I'm like all, like look at me, but I understand that the, the gift of life and I do, and I believe in God and and we don't get our time back. We don't get those moments in time back. So that's my motto, which is whatever your hand finds to do, do it with all your might, because there's no work device knowledge or wisdom in the grave where you're going, like, this is your run. So are you just going to like, enjoy it? I'm not just talking about like the partying part. Are you going to grow? Are you going to accept the lessons that come with the difficulties? Are you going to then take that momentum you've gained from your lessons and pass it on to somebody else that is thirsty for that?

Jesse Osborn ([01:53:56](#)):

Are you going to create opportunity for other people, like was created for you or not being a ride that dump truck down a driveway and enjoy it or not? So I've made my choice and it's actually worked out quite well. Like I'm really enjoying a great life just because of that simple philosophy and the fact that, because I want that bad enough, I'm willing to suffer for it and suffer in that the righteous way where you just show up and do the work, man, you know, pick up the sander. I know your shoulders hurt, but fix the boat. Cause you're probably going to be sailing on it. Do a good job, show up, be reliable, be good for your word. Say, sorry, when you screw up, which you will, that's all the best stuff in life. And that's how all the great relationships come about. Like without that, you just, you know, you're just along for the ride. I want my money's worth. Why was this year? Just

Warwick Schiller ([01:54:50](#)):

Rock in that purple dump truck. Aren't you? Okay. So we've got, we've got one more question that you chose.

Jesse Osborn ([01:54:57](#)):

And you know,

Warwick Schiller ([01:54:59](#)):

I've mentioned this before, but it kind of speaks to the, the kind of people that I get on the podcast, because most people would not want to discuss this particular subject. And there has not been any single person on the podcast who hasn't

Jesse Osborn ([01:55:15](#)):

Chose this, chose this question

Warwick Schiller ([01:55:17](#)):

Out of the 20. And the question is, what is your relationship like with fear?

Jesse Osborn ([01:55:24](#)):

Fear is for me is like a, the best reminder and teacher of priorities. What my priorities are. I don't like to be scared. There's been a time. I like adrenaline junkie to bet for sure. Especially right after the thing with the troopers. And I did some really crazy sailing stuff and everything. But when you're scared and you're out of ideas, whatever you're doing, whatever level you're functioning at, that is where I defined me at my best, because that's my baseline operating level. So when I'm terrified and I don't know what to do, I am calling on everything to solve that. And that defines the best of me, the best of my priorities, the best of what I've trained and prepared for. And so I've been scared, plenty. And there's a lot of different kinds of fear specifically to physical and personal fear like on the ocean or battling with ice or something like that, fear in approaching that, that level where you're scared and outta here, outta here, where beyond where you should be operating forces you to come up with a better way to do things like Michael J. Fox.

Jesse Osborn ([01:57:03](#)):

I know I didn't ask about the quote question, but I love what Michael J. Fox said. He said, strive for excellence, perfectionist God's business. I love that. Cause you're like, oh, okay. I get to strive for excellence and let that go. You know, so what's excellent. Mean my excellent tomorrow better be better than it is today if I'm with myself. And so fear shows me that. So I think this is one of the reasons, and I love this question because it was the ocean is one of the things that really helped me heal. So when I was out on that, it was the third night out. I was on my boat and pier kissing him in Southeast Alaska in this big, bad weather is coming up in a bow, sprit, starts plunging into the water. And that was like, yeah. And I went out there and I'm standing on the bow sprit.

Jesse Osborn ([01:57:53](#)):

My feet are plunging, right? And then I hear the engine go, Coco, Coco, and quit. And I have one fuel filter left and I was scared. And the ocean was the only place in my life at the time work where I could go out there and just throw my anger and all this pent up crap that I had in it indifferent to your existence. It doesn't even really know you're there. It's just happening the way it happens. That's why I say you're a guest on the ocean, right? And so the ocean is full of things that can terrify you. And I've got some sea stores that are just fantastic and were also absolutely terrifying, but they expose your beer, exposes the chinks in your armor and then exposes. If you were be asking yourself, it's all over it scared. Even if you can mask your fear from others, you know, like that scenario owned you like you, you, you had no business, you know, making the calls on that because you were at your limit.

Jesse Osborn ([01:59:01](#)):

So I love it because on the ocean, I have a few very basic priorities. And this is always the case you fix, what will kill you first? And number one, number two, you fix what will hurt you. Cause you might get hurt, fixing something that could kill you. And then you fix what will make you more comfortable. And I live by that scenario would be, you're coming into a dark Harbor at night, but you really want a cup of coffee. Cause you've been up for 22 hours and you attempted to go downstairs and grab a cup of coffee because he wants some comfort. Right. But you're making a bad choice because you might run a

ground. Cause you've been up for awhile and you're not really thinking straight. Right? So what do I learn from things like that? Number one, sleep, learn how to sleep, go off shore and have to have someone who can come with you and like don't approach shore or a tight quarters.

Jesse Osborn ([02:00:00](#)):

If you're low on sleep, stay at sea. Like, so you learn all these different things to keep you out of there. But fear is the thing that slaps you in the face and says, Hey, you're screwing up. Or you're about to screw up. You're operating beyond your license here and you need to do this thing. You're doing, you need to do it better. And so that's my relationship with fear. Just the greatest teacher. I don't have to look for it, but I recognize it when I'm like, why am I scared? What is it that I don't know? What is the skill that I do not have that is limiting me and putting me in this fearful position? Or am I just being a reckless jerk? And that's why I'm scared. It's because I just did something stupid. And except it's one of those two, probably. So I love here for that. It's you can't argue with it. It's happening. You're scared misery.

Warwick Schiller ([02:00:56](#)):

Yeah, I was, I was looking forward to your answer to that because you know what I knew I was going to get to that question and, and listening to all the amazing adventures you've had in your life. I was thinking, I wonder what this dude's like. I mean, he's, he's obviously not scared of here, you know? What is it? What's the saying, you know, anything to be the biggest fear is fear of fear itself or whatever. And it sounds like you're not afraid to go into places where you will have some get to deal with some fear.

Jesse Osborn ([02:01:28](#)):

Yeah. And that's true. I think that it's inevitable to, to approach fear and, and I, and I welcome it for the lessons that it brings, but also if you get to get out of a bad scenario and all that happened is you were really scared. You got lucky there. And going back into that, just to experience fear, I think would be foolhardy. Yeah. You know what I mean? So I like it for the lessons, I guess, but I don't know, go looking for it anymore. Please do not anymore. Wow. So it's been almost two hours JC, so we better pull it up here, but it's been an honor and a pleasure to have you on the podcast. So thank you so much for joining us. Thanks the work. I hope we see you guys in person at some point. That'd be great.

Jesse Osborn ([02:02:23](#)):

And I also want to personally thank you for taking Tyler under your wing and keeping him safe. Oh yeah. Well I'm, I'm giving him some tools, but as you know, he's a quick study and he's one of those people who he's just going to do. He's going to be able to do anything he wants in life. It doesn't matter. He can be a rocket scientist or whatever he wants to do. He's super bright and he's got a good attitude and he's got good work ethic and he knows how to learn. He's he's way ahead of the game. His, his biggest trick is going to be choosing and that's coming. When, when he realized I would speculate that when he realizes that the world is actually full of like a bajillion, really cool ways to spend your life. And he starts doing the math on how long it takes to master things or whatever we call mastering that get proficient, he's going to have to decide.

Jesse Osborn ([02:03:22](#)):

And because he's so talented, that's going to be tough. That's going to be really tough. I mean, he can, I mean, c'mon plays instruments and sailing. And like when I was throwing navigation at him and it just stuck to him like, oh really? You know? Yeah. So if he, so what I know about Tyler is that he doesn't, he

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doesn't need managed. You just kind of aim him in the right direction. You know what I mean? He just like aim him this way and he's going to sort of that aim and this way, and he's going to sort of that. So what I did with him was just spend some time encouraged him and then turned him onto some resources and he has me as a resource and, and really that's how it should be. And that's why I know whatever he does is going to, it's going to be full on. So it's really fun. It's just fun to be, even see on a periphery. Yeah. He likes to get full sand. And so, yeah, it's gonna, it's going to be fun to see where it goes, but anyway, thank you so much for joining us on the podcast, you guys at home. Thanks for joining us on another episode of the journey on podcast and we'll catch you next.

Speaker 1 ([02:04:21](#)):

Thank you. And thank everybody. Thanks for listening to the journey on podcast with Warwick Schiller. Warwick has over 650 full length training videos on his online video library at [videos.warwickschiller.com](https://www.warwickschiller.com). Be sure to Warrick on YouTube, Facebook, and Instagram, to see his latest training advice and insights.